

HOUSE AND LEISURE

THE PLEASURE OF LIVING HERE NOW

PRACTICAL MAGIC
OUR 4 FAVOURITE
BATHROOM TRENDS

the
small
SPACES ISSUE

BE INSPIRED BY SA'S
COOLEST COMPACT HOMES

**HOW TO
CREATE THE
PERFECT
COURTYARD**

GRITTY & GORGEOUS
MEXICO CITY RULES







The world's most innovative window covering manufacturer brings you our Luminos Shutter Collection.

Crafted to fit exactly within your décor scheme, Luminos Shutters are available in three different materials.

Our bestselling Wood Shutters are made from Kiri wood, a naturally insect resistant and non-endangered wood variety.

A unique Aluminium infused PVC shutter withstands the harshest African sun. With the choice of an endless colour palette, virgin PVC is strengthened by an aluminium skeleton.

And last but certainly our most robust shutter for indoor and outdoor application, our Natural Anodised or White powder coated Aluminium Shutters come with locks and latches to keep you secure from the elements indoor or outdoor.

Available in all styles and configurations.

To Experience World Class Window Coverings
Contact us
info@luminosshutters.co.za
www.luminosshutters.co.za
+27 (0) 84 479 7764
Brand Ambassador
Shekar Ramlall

the Blinds Syndicate



CONTENTS

108



VIEW

- 14 **CURATE** Detailed fabrics in earthy hues are an ideal way to introduce pattern into your home
- 18 **PERSPECTIVE** Lynette Botha explains the beauty of small spaces
- 20 **SHOP** We turn to Proenza Schouler's spring/summer 2017 show for ideas on how to mix and match print off the runway
- 26 **BODY OF WORK** The talent behind Mumtaz 'D' Interiors, Mumtaz Dasoo, talks textiles and inspiration
- 29 **IN PRINT** Our favourite coffee-table books about pattern and print
- 31 **COLLECTABLES** Statement red furniture and tinted transparent pieces you need to invest in
- 34 **ART PROFILE** An interview with Whatiftheworld and Southern Guild gallery's co-director and curator, Londi Modiko
- 36 **DESIGN** We profile Dimore Studio, an Italy-based design studio that creates lusciously layered interiors
- 38 **ART DETAIL** Artist Frances Goodman's latest exhibition, *Degreened*, rethinks the notion of beauty
- 42 **NOTED** All you need to know about design, decor and interiors right now



HOUSE

- 50 **THE ART OF DECO** This Illovo flat reveals how to keep a small space uncluttered while still displaying the pieces you love
- 58 **ARTFUL EYE** Carefully curated artworks meet natural textures and hues in a compact yet characterful Hout Bay apartment
- 66 **IN LIVING COLOUR** A vibrant, foliage-filled home in Green Point is a perfect reflection of its creative owners
- 74 **BEAUTIFUL DIVIDE** The clever engineering of this Fresnaye bachelor pad makes open-plan living a dream

LEISURE

- 84 **PINPOINT** How the petite The Robertson Small Hotel has been lovingly restored and injected with exquisite South African design
- 90 **FOOD & DRINKS NEWS** Discover new restaurants and bars, plus our Q&A with Moët & Chandon's *chef de cave*, Benoît Gouez
- 94 **THE ART OF COOKING** Chef and catering company owner Maia du Plessis welcomes us into her Woodstock space and shares six recipes from her repertoire
- 100 **SPICE WORLD** Traditional Indian cuisine is given a contemporary twist by two Cape Town restaurants

subscribe
now

For current print subscription offers, email subscribe@assocmedia.co.za or call 087-740-1070. To download the digital edition of House and Leisure, visit houseandleisure.co.za.

- 104 **MEDITERRANEAN DREAM**
A tranquil courtyard garden in Mallorca, Spain, could just inspire your next outdoor makeover
- 108 **TRAVEL** Where to sleep, eat, drink and shop in the World Design Capital for 2018, Mexico City

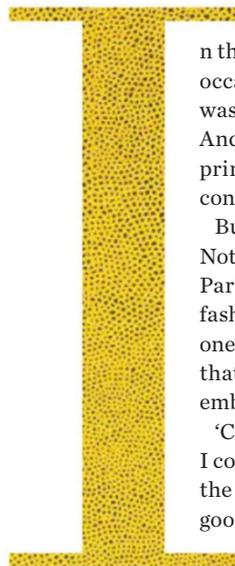
FOCUS

- 114 **BLISSFUL BATHROOMS** Our roundup of the latest bathroom trends will make transforming your own a pleasure
- 120 **NEWS** Ideas for updating your kitchen (page 120), bedroom and bathroom (page 121), lounge (page 122), patio (page 123) and kids' rooms (page 124)

REGULARS & WINS

- ON THE COVER** Photograph by Micky Hoyle
- 4 **EDITOR'S LETTER** The moment Tiaan Nagel fell in love with prints
- 6 **HOUSE AND LEISURE ONLINE** Everything you need to know about houseandleisure.co.za
- 8 **CONTRIBUTORS** Meet the people who contributed to this issue
- 126 **STOCKISTS** Where to find all the products featured in this issue
- 127 **COMPETITION** Win a Sealy Posturepedic queen-sized bed set worth R11 999
- 128 **STYLE PROFILE** Inside the mind of interior designer John Jacob Zwiegelaar





In the past, I wasn't a huge fan of pattern and print. Sure, the occasional microdot and a sneaky soupçon of a Paul Smith stripe was fine, but that was as much as I could handle – or so I thought. And even when, after a while, I realised that although I rather liked print when it was worn or used by other people, I still never really considered it for myself or my home.

But then I was almost brought to tears when I saw the Dries Van Noten exhibition *Inspirations* at the Musée des Arts Décoratifs in Paris in 2014. One curated vignette after the other showcased the fashion designer's complete control over pattern and print, mixing one contrasting pattern with another – and then, to make sure that you fully grasped his absolute mastery of prints, he would add embroidered silk faille or bold striped jacquard to the mix.

'Chaotic', some might say, but after viewing that exhibition I completely changed my mind about pattern. Now I rather like the idea of orchestrated chaos, and I can just imagine how trippy (in a good way) it must have felt to see Yayoi Kusama's latest installation at the Victoria Miro gallery in London, which featured a mirrored box filled with Kusama's trademark dotted sculptures.

Inspired by all of this exuberance, in this issue we have created pages exploring pattern and print in a new way, working with talented fashion photographer Paul Samuels on a series of portraits showcasing patterned and embroidered interiors fabrics (page 14).

We also show you how to do small-space living well by featuring four considered apartments that all have an eclectic take on compact living. Like Dries Van Noten, these homeowners have mixed various textures, patterns and colours beautifully – not buying into the slightly tired formula of keeping small spaces clean and minimal, but rather demonstrating that every nook and cranny of a small home can be utilised to express personality and style.

I'm very proud of this issue and the talented team who worked on it. Let me know what you think.

Follow me  [tiaannagel](#)

 [houseandleisure](#)  [houseleisureSA](#)  [HouseAndLeisure](#)  [houseandleisure](#)

HARD WOOD FLOORING

Handcrafted to European Standards



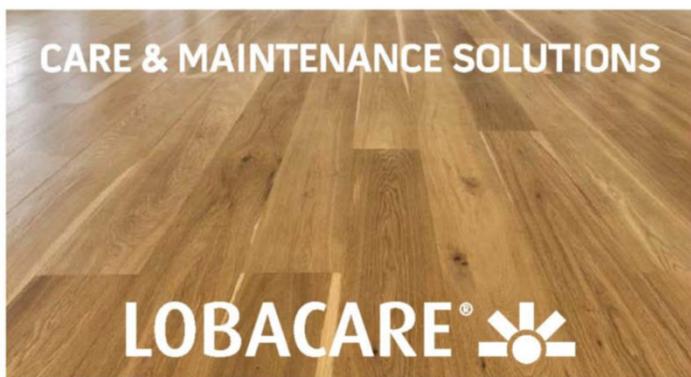
ZIMBO'S

FLOORING SOLUTIONS



DURBAN BRANCH NOW OPEN!

ENGINEERED OAK | ENGINEERED EXOTIC | PARQUETRY | SOLID WOOD



www.loba.co.za - Shop Online



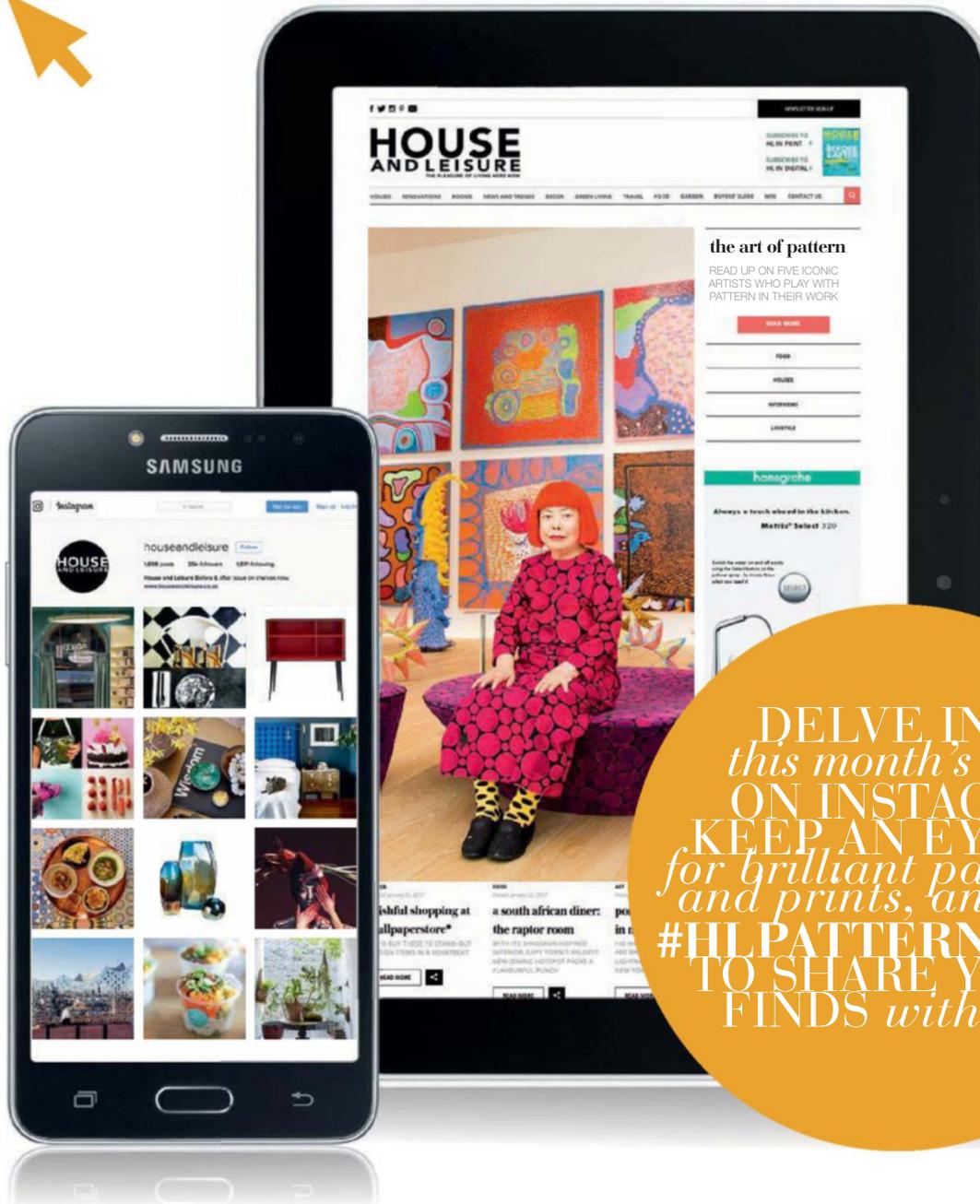
CAPE TOWN | JOHANNESBURG | DURBAN - 0860 995 303
www.zimbooakflooring.co.za | info@zimbostrading.co.za



ONLINE

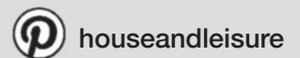
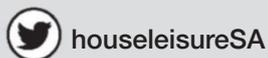
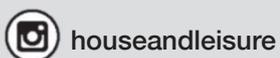
houseandleisure.co.za

INSIGHTS. NEWS. INSPIRATION. EXPLORE A WORLD OF EXCLUSIVE CONTENT ONLINE



DELVE INTO
this month's theme
ON INSTAGRAM;
KEEP AN EYE OUT
for brilliant patterns
and prints, and tag
#HLPATTERNPLAY
TO SHARE YOUR
FINDS *with us.*

#SmallSpaces / #HLPatternPlay



Pearl Valley Golf Estate.
Oggie FSC European Oak Cerato Greymist. Hand Chiselled - 15/4 x 260 x 2200
Interior Design: Hotcocoa Interiors and Design. Architect: Phillips and van Jaarsveldt (Louis-Phillips)

...wide plank oak floors hand-crafted
to your specific design needs.



The mark of
responsible forestry

Cape Town: 021 510 2846 | Paarden Eiland
Johannesburg: 011 262 3117 | Sandton
Durban: 031 000 1000 | Umhlanga
nicholas@oggie-sa.co.za
www.oggie-sa.co.za

Oggie
hardwood
flooring

... it's the product that counts!



Handles INC.

CT. 021 422 2322 • KZN. 031 584 6649
TYGERVALLEY. 021 910 2255
SOMERSET WEST. 021 850 0047
www.handlesinc.co.za

CONTRIBUTORS



STEVE MARAIS

Steve is a photographer whose intuitive use of lighting – both natural and artificial – make for considered compositions. In this issue, he photographed artist Frances Goodman (page 38) and Moët & Chandon's *chef de cave* Benoît Gouez (page 92).

Do you prefer compact urban living or a spacious farmstead?

At this point, compact urban living, for sure. **What's your top storage tip?** Avoid clutter at all costs. Cupboard Tetris is a mad skill. **And your best piece of decorating advice?** House plants are relatively inexpensive and they really do make the world of difference. **If price were no object, where would you live?** On the set of *Mad Men*. I would die for Don Draper's quintessentially Mid-Century New York man pad. **When is your favourite time of day?** Noon. I think it has something to do with the noon gun in Cape Town. It reminds me to stop aimlessly refreshing social media and get things done. **What's your signature dish?** Anything inspired by chef Yotam Ottolenghi.

LORI COHEN

A freelance writer and editor based in Cape Town, Lori spent a decade working at *Marie Claire* and *Women's Health*. She wrote about Maia du Plessis' artistic cooking studio in Woodstock (page 94) for this issue.

Which three words best describe your home?

Brick, space, view.

Compact urban living or a spacious farmstead?

As a child, I dreamt of marrying a farmer but instead I married an architect. It turns out well-designed compact spaces work for me but who doesn't dream of a big garden to grow veggies in? **Your top storage tip?** Invest in quality drawer mechanisms. Nothing annoys me more than a sticky drawer. **When is your favourite time of day?** Any time I can be alone with my Kindle. **If price were no object, what piece of furniture would you buy?** The Eames Lounge Chair and Ottoman, for reading. **What's your signature dish?** Avgolemono, a Greek chicken soup that my mother-in-law taught me how to make.



GREG COX

'Photographs should tell a story,' says photographer Greg, who grew up in KwaZulu-Natal and loves surfing. A regular *House and Leisure* contributor, Greg photographed Dylan Thomaz and Kevin Weller's home (page 58) for this issue.

Which three words best describe your home?

Happy, eclectic, compact.

What's your top storage tip for living in a small space? Use a hollow kitchen island or a wooden workbench on casters to store all your pots and pans. Mine has the same black granite top as the rest of the kitchen. **Your favourite piece of decorating advice?** Replace downlights with lamps. They create a much softer light throughout the home, even in the kitchen. **If price and availability were no object, which artwork would you buy?** 'The Kiss' by Gustav Klimt or 'Evening at Kuerners' by Andrew Wyeth. **When is your favourite time of day?** After sunset. **What's your signature dish?** Linguine arrabiata.



design & attitude

kitchens — bathrooms — closets

TAILOR MADE IN PORTUGAL

Shop 32, Design Quarter
Cnr William Nicol & Leslie Ave. East, Fourways
T(+27) 11 467 3540 . johannesburg@fabri.pt
www.fabri.pt . www.facebook.com/fabrisocial

Miele
IMMER BESSER

Proudly a sales agent of Miele appliances

 African Corporate
Excellence Awards 2015
Fabri South Africa
Best Built-in Furniture Design Company - Gauteng

 **AI** 2016
AFRICAN
BUSINESS
awards
WINNER
Fabri South Africa
2016's Most Innovative
Companies in South Africa



As seen in House and Leisure
styling Leana Schoeman



As seen in House and Leisure
styling Leana Schoeman



floating
furniture

086 111 3080

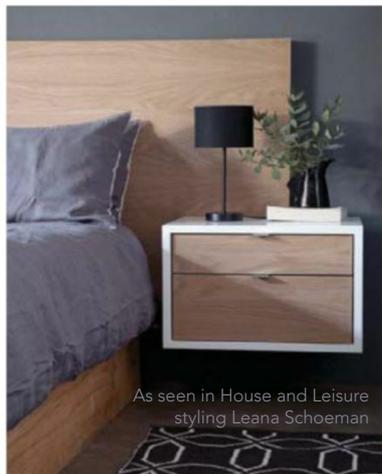
ode.co.za

order online
or phone us

we deliver anywhere
in SA



As seen in House and Leisure
styling Mia Vincent



As seen in House and Leisure
styling Leana Schoeman



HOUSE AND LEISURE

THE PLEASURE OF LIVING HERE NOW

EDITORIAL

Editor Tiaan Nagel
Deputy Editor Robyn Alexander
Art Director Ian Martin
Junior Art Director Gemma Bedford
Managing Editor Melissa Attridge
Features Editor Kholeka Kumalo
Chief Copy Editor Karen Tennent
Acting Copy Editors Christine de Villiers, Mariola Fouché
Junior Decor Editor Chrizanda Botha
Online Editor Jess Hunkin
Editorial Contact (CT) 021-464-6200
Editorial Contact (JHB) 011-783-5500

COMMERCIAL

Key Account Managers Jeanine Viljoen (Gauteng) 082-654-9308, Greer Krige (Coastal) 082-397-2056, Chantel Spence 082-822-0842
Advertising Controller Quanita Rinquest 021-464-6207

ASSOCIATED MEDIA PUBLISHING

Chairman Jane Raphaely
Chief Executive Officer Julia Raphaely
Head of Sales and Marketing Leigh Kinross
Head of Operations and Special Projects Kim van der Linden
Account Directors Special Projects Leandi van den Berg, Lelani van den Berg
Account Director Integrated Projects Sharlene Lawrence
Group Marketing and Communications Manager Kate Ackerman
Group Sales Manager Shane Smart
Group Coastal Sales Manager Storm Mascall
Creative Hub: Project Manager Sharlene Lawrence
Rewards and Incentive Planner Nasreen Abrahams
Brand Activation Coordinators Mushfiqah Kannemeyer, Claudell van Eeden

Head of Creative Solutions Holly Meadows
Creative Solutions Traffic Manager Rugayah du Toit
Creative Solutions Art Buyer Cindy Comer
Creative Solutions Copywriter Jaime Waddington
Creative Solutions Senior Designer Victoria Meder
Creative Solutions Designer Janine Nel
Creative Solutions Junior Designers Natasha Nkuku, Stacey Knipe
Group Videographer and Photo Editor Valentina Nicol

Digital Traffic Manager Lynford Baker
Digital Technical Manager Sharlee Moriarty
Digital Campaign Manager Kim Scullard Thornton
Lead Online Editor Rose Kotze
Group Content Producers Siyanda Bani, Hlumela Ngaba, Margot van Tonder
Digital Designer/Developer Jessica Cohen

Production Manager Paul Livingstone
Assistant Production Manager Luzuko Bawuti
Repro Studio Manager Kyle Levey
DTP Operator André Reinders
Syndication Manager Sharon Rajee
Financial Manager Bianca de Jongh
Senior Accountant Mandy Bester
Debtors Controller Megan Dowman
Junior Accountant Leroy Juries
HR/Payroll Officer Anita Arendse
IT Manager James Wight
Chief Executive Officer and Chairman's PA Janine Duncan
Clerical Assistant/Driver Trevor Goodall
Office Assistants Carol Geduld, Felicia Burt, Zahieda Grobbelaar, Samson Mtonga (Cape Town), Portia Kasana (Johannesburg)
Office Manager Irene Bosch (Johannesburg)

CAPE TOWN HEAD OFFICE

Associated Media Publishing, 21 St John's Street, Cape Town 8001; PO Box 12155, Mill Street, Gardens 8000; 021-464-6200, fax 086-555-3689

JOHANNESBURG OFFICE

First Floor, South Wing, 3 Sandown Valley Crescent, Sandton 2196; 011-783-5500, fax 011-783-5489

SUBSCRIPTIONS

To subscribe to *House and Leisure* visit houseandleisure.co.za
SA subscriptions and back issues 087-740-1070
International subscriptions +27-11-401-5956
Fax 086-533-9300
SMS 'HL, Subs' to 36485 (standard SMS rates apply)
Associated Media Publishing website assocmedia.co.za

Editorial material submitted will not be returned. If you cannot find a copy at your local store please send details via SMS to 41939 or email kate@assocmedia.co.za. *House and Leisure* is published monthly by Associated Media Publishing (Pty) Ltd, 21 St John's Street, Cape Town 8001. All rights reserved. Reproduction of any material, including digital, in whole or in part without written permission is strictly prohibited.

Printed by
paarlmedia
A division of Novus Holdings

**ASSOCIATED
MEDIA PUBLISHING**
ON THE DOT

**ASSOCIATED
MEDIA REPRO**



perfect precision. flawless function.

evolution

Timeless kitchens that are designed for every lifestyle.

32 showrooms nationwide. 2 year kitchen guarantee.
0861 327 9543 / 0861 EASYLIFE www.easylifekitchens.co.za

The Easylife Kitchens evolution is here!
Visit one of our showrooms to view the latest European design trends.





Island Stone®



DOUGLAS JONES
the tile décor collection



#inspiredmosaics

www.douglasjones.co.za

+27 21 706 7251

VIEW

DISCOVER THE
*best of pattern and
print in fabrics* (P14)
AND INTERIORS (P20),
*then get your art
AND DESIGN FIX
from Londi Modiko* (P34),
MUMTAZ DASOO (P26),
Dimore Studio (P36) and
Frances Goodman (P38)



MATERIAL WORLD

INTRODUCE
print AND
TEXTURE
INTO YOUR
HOME WITH
*sumptuous
fabrics* IN
EARTHY
HUES

PHOTOGRAPHS
PAUL SAMUELS
PRODUCTION
TIAAN NAGEL
PRODUCTION ASSISTANT
BRENDA VAN DER MERWE
HAIR AND MAKE-UP
RENATE WILLEMS
FROM *RED HOT OPS*
MODEL
*DIONNE CHEN FROM
BOSS MODELS*



THIS PAGE, FROM TOP
Cora **polyester lace fabric** in
Pumpkin from the Diatonic
collection R988, Home Fabrics;
Lost City **fabric** in Gold from the
Salon Privé collection R630/m, St
Leger & Viney; Dorian **polyester**
in Buttercup from the Diatonic
collection R988/m, Home
Fabrics; Feline **linen** in Alizarin
by Schumacher from the Celerie
Kemble III collection R4 757/m,
Lotus Garden **linen** in Lacquer by
Schumacher from the Schumacher
Classic collection R7 409/m and
linen in Burned Orange by Veere
Grenney from the Folly collection
R5 322/m, all St Leger & Viney;
Dupion **silk** in Rust R200/m,
Exquisite Cuts; **fabric** in Orange
Marakesh R1 076/m, Black Fabrics.

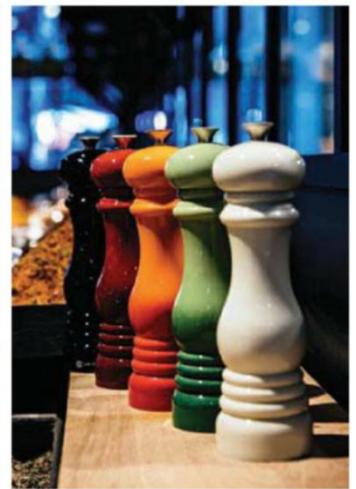
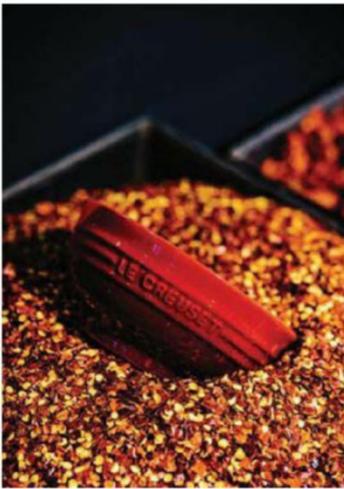
OPPOSITE
PAGE,
FROM TOP

Salerno **upholstery fabric** in Grenadine
from the Amalfi
collection R1 231/m,
Hertex; Samarkand
cotton in Ruby
R9 463/m by
Schumacher from
the Ikat collection,
St Leger & Viney
(both on head);
Asaka **unbleached
linen** in Red
R4 774/m by
Schumacher from
the Ikat collection,
St Leger & Viney;
Salerno **upholstery
fabric** in Grenadine
from the Amalfi
collection R1 231/m,
Hertex; Spoleto
Chevron **fabric** in
Aranzio from the
Umbria collection
R1 573/m, Mavromac;
Edgar **upholstery
fabric** in Burnt
Clay from the
Atlantis collection
R2 120/m, Hertex;
Chardonne **taffeta**
in WE7198/080
by Soleil Bleu
R3 402/m, Home
Fabrics; Peaks **fabric**
in Flax/Lava from
the Fusion collection
R1 114/m, Mavromac.



THIS PAGE,
FROM TOP
HIX fabric in Yellow
by Schumacher from
the Clique collection
R8 585/m, St Leger
& Viney; Polygon fabric
in Linden Green from
the Mavromac Manor
House collection
R896/m, Mavromac;
Atwood upholstery
fabric in Vert by
Schumacher from the
Essentials collection
R7 936/m, St Leger
& Viney; Edgar
upholstery fabric
in Fern from the
Atlantis collection
R2 120/m, Hertex;
Tucked Trellis fabric
in Peridot from the
Fandango collection
R1 716/m, Mavromac.

FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE



Colours of Spice

Celebrate the colours of spice with Le Creuset. From the rich green of cilantro to the peppery red of paprika, spices immerse the senses in a flurry of vivid colour, fragrant aroma and incomparable warmth. Enjoy piquant dishes made in Le Creuset, and open up your palate to a world of flavour using our world-renowned palette of colour. For more information, visit www.lecreuset.co.za or call our customer help line on 086 177 3321.



A great recipe lasts forever.

    LeCreusetSA  Download the Le Creuset Recipe Appl

CAVENDISH SQUARE · TYGER VALLEY CENTRE · SOMERSET MALL · GARDENS CENTRE · THE CONSTANTIA VILLAGE · KILLARNEY MALL · BEDFORD CENTRE · HYDE PARK CORNER · CLEARWATER MALL
BROOKLYN MALL · WOODLANDS BOULEVARD · LA LUCIA MALL · THE PAVILION · WATERFALL MALL RUSTENBURG · SANDTON CITY · V&A WATERFRONT · NICOLWAY BRYANSTON · CANAL WALK
WALMER PARK · WATERSTONE VILLAGE · CRESTA SHOPPING CENTRE · GROVE MALL NAMIBIA · BAYWEST · WATERCREST · MALL OF THE SOUTH · CENTURION MALL · MALL OF AFRICA · MENLYN MAINE CENTRAL SQUARE

THE BEAUTY OF SMALL

CONTAINED SPACES CAN FEEL MUCH BIGGER THAN THEIR EXPANSIVE COUNTERPARTS IF THEY'RE SMARTLY DESIGNED, SAYS *LYNETTE BOTHA*



We have a family cottage in the Overberg that my husband, children and I visit as often as possible. But never often enough. It's located inside a nature reserve on the periphery of a little village called Fisherhaven. The cottages within the grounds are almost identical – all wooden and none exceeding a certain size, with no boundary walls or fences allowed – as they are designed according to strict building guidelines due to the nature (and the non-human inhabitants) of the reserve.

What strikes me whenever we visit is how, although contained, the cottage feels more open, free and airy than our house at home. Of course, a lot of that has to do with the wide-open spaces and unobstructed vistas directly out front. There are mountain views for days and wooden sleeper steps from the lawn that lead directly into the estuary. But it's more than that: the beauty of small spaces is that there are limits to what you can bring into them. There's no room for anything that doesn't serve an aesthetic or functional purpose. Appliances need to be cleverly concealed, storage space needs to be maximised, furniture needs to fit 'just right', natural and artificial light needs to be optimally used, every inch needs to work hard and smart, and everything needs to remain organised.

There are many practical reasons why smaller spaces are better than larger ones, too. They're easier and quicker to clean, you can spend more money on quality rather than quantity when furnishing and decorating, there's less chance of hoarding clutter as there's nowhere to hide, small statement pieces – like

THERE ARE MANY PRACTICAL REASONS WHY SMALLER SPACES ARE BETTER THAN LARGER ONES, TOO. THEY'RE EASIER AND QUICKER TO CLEAN, AND YOU CAN SPEND MORE MONEY ON QUALITY RATHER THAN QUANTITY WHEN FURNISHING AND DECORATING.

Because it is one of the few places in South Africa where wild horses roam free – and with thousands of bird species calling the reserve home – this is completely understandable.

The cottage is much smaller than our home in Cape Town, but thanks to its smart design and flowing layout, it doesn't feel cramped despite its three bedrooms, kitchen, lounge and two bathrooms. There's even a fireplace. The garden has been carefully and beautifully landscaped with privacy in mind: hedges are cleverly used to block out the neighbours on one side of the property, while on the other, a large and charming old milkwood tree shields us from view. The lounge's glass sliding doors open up onto the garden, seamlessly connecting the interior with the outdoors and – in summer, at least – extending the living space.

an artwork or a beautiful rug – will make a bigger impact, they are easy to 'lock up and go' and they are kinder to the environment.

Don't get me wrong, I love our Cape Town home, but there's something alluring about a smaller house. With the busy lives we lead and countless tasks we need to complete daily, downscaling and living more 'lightly' has never been more desirable.

This is why my husband and I often consider what it would be like to just pack up and move to the cottage full time; to get rid of all of our stuff and live a simpler life. But then I snap back to reality, think of my vegetable garden, the space we have for the kids' trampoline, our open-plan kitchen (where I spend most of my time) and our beloved dogs and cat – because, if there are no pets allowed, I'm not budging. So I guess that puts paid to that. ☺

PHOTOGRAPH: SUPPLIED

Treat a well-loved friend with the utmost care

Trust Miele W1 washing machines featuring TwinDos, for cleaner-than-clean results thanks to automatic dispensing of our unique 2-phase liquid detergent. It's the start of a long-lasting friendship.

**That's Miele. That's immer besser.
Miele. For everything you really love.**



1 YEAR FREE DETERGENT*

When purchasing a Miele W1 TwinDos washing machine.

Terms & conditions apply.



GRAPHIC CONTENT

It's time to mix, match and clash your prints as interiors take their cue from the fashion world. Inspired by Proenza Schouler's spring/summer 2017 show, the look is bold, beautiful – and full-on

COMPILED BY **BRENDA VAN DER MERWE**
PHOTOGRAPHS SUPPLIED

CLEAN GEOMETRICS + ELEGANT FORMS SHAPELY STYLE



1. Flag straight floor lamp by Servomuto from R39 040, Roche Bobois 2. Tibet highland wool rug in Square Dance from the Contemporary collection R10 450/m², Paco 3. Aries armchair by Philippe Bouix from the Nouveaux Classiques collection with cushion by Sonia Rykiel Maison for Roche Bobois from R27 100, Roche Bobois 4. Antibes sidetable R18 159 and 5. Caracas six-light chandelier R22 498 both by Jonathan Adler, Robert Thomson 6. Tibet highland wool rug in Zig Zag from the Contemporary collection R10 450/m², Paco 7. Pink Vintage scatter cushion by Handmade by Me R450, Meekel 8. Tower pepper grinder by Tom Dixon R1 285, Créma Design.

CLASSIC BLACK + COOL WHITE

TEXTURE MATTERS



1. Ritz Indian glass **chandelier** R24 995, Weylands 2. Outdoor **tumbler** R70, **wine glass** R90 and **highball glass** R80 all in Cigar Smoke, Woolworths 3. Tibet highland wool **rug** in Melting Circuit from the Contemporary collection R10 450/m², Paco 4. Wild Thing **fabric** in Onyx by Donald Nxumalo from the A-list collection R251/m (140cm wide), Hertex 5. Primal occasional **chair** in leather with cast brass legs R44 800, Egg Designs 6. Geometric **cylinders** in Large (left) R1 300, Large Wide (middle) R1 500 and Medium (right) R1 100 all by Lisa Firer from the Geometrics collection, Lisa Firer Design 7. Ghost Buster **sidetable** in Heavy Black by Philippe Starck with Eugeni Quitllet for Kartell R6 840, Kartell 8. Hans hourglass **sidetable** in Blackened Brass by Jonathan Adler R26 019, Robert Thomson.



MICROPRINTS + NATURAL INSPIRATION
POP CULTURE

1. Scatter cushion in 172 by Clinton Friedman from the Love It collection R780, Robert Thomson 2. Lipstick porcelain plate by Maurizio Cattelan and Pierpaolo Ferrari from The Seletti Wears Toiletpaper collection R1 402, Generation 3. Lorraine desk light in Oxblood R4 800, Anatomy Design 4. Crack vase by Bohemia Crystal R1 179, Spilhaus 5. Wishbone indoor armchair in Oxblood by Antoine Fritsch and Vivien Durisotti from R28 170, Roche Bobois 6. Labyrinth chair in Insect by Studio Job for Moooi R59 905, Créma Design 7. Puzzle lamp in Antique Brass R2 400 and leopard-print shade R600, Egg Designs 8. Amazone vase by Aimé Cécil and Pierre Dubois from R4 640, Roche Bobois 9. 713/714 crystal-top table by Theodore Waddell R88 523, Cassina.

DETAILED PATTERNS + BOLD SOLIDS

SHARP CONTRAST



1. Conical metal **pendant** in Black and Gold R900, K Light 2. Hillier **fabric** in Rowan from the Casson collection R2 309/m, Romo 3. Manolo **stool** in Red R1 895, Block & Chisel 4. Collage 1966 New Zealand wool **rug** from the Chillida collection for Nanimarquina R49 303 (177×240cm), Créma Design 5. Allie **armchair** in Velour Petrol by Malene Lillielund R6 599, Sofacompany.com 6. Helis Daquacryl **cocktail table** by Erwan Péron from R34 790, Roche Bobois 7. Aztech **fabric** in Golden Olive R377/m (140cm wide), Tessa Sonik 8. Zak **sidetable** with marble top and walnut base R13 000, Tonic Design.



RICH NEUTRALS + GRAPHIC LINES
GLOW GETTER

1. **Wallpaper** in 92/2008 Antique Mirror (top) R555/roll (53cm×10.05m) and **wallpaper** in Pushkin (bottom) R1 967/roll (68.5cm×10.05m) both by Cole & Son from the Mariinsky Damask collection, St Leger & Viney 2. Ditte two-seater **sofa** in Velour Rust R9 999, Sofacompany.com 3. Soho **cutlery set** by Studio W R425 (four pieces), Woolworths 4. Jacquard-weave **cushion cover** in Mustard Yellow R149, H&M 5. Traffic **fabric** in Sand R346/m (145cm wide), Tessa Sonik 6. L Design **tray** in Black and White bone R2 100, Cécile & Boyd 7. Market **fabric** in Red R254/m (145cm wide), Tessa Sonik 8. Aladdin metal **pendant** in White and Gold R5 047, K Light 9. Layer **dining table** by Luca Nichetto for Gallotti & Radice from R78 000 (colour sequence can be customised), Casarredo.



K. LIGHT®



Metal Prism Pendants

Available in 3 sizes in Chrome, Black & Copper, Code: G-KLCH-81015



DESIGN • SERVICE • QUALITY

Cape Town: 7 Kunene Circle, Omuramba Business Park, Milnerton, 021 552 4370
Johannesburg: Units 8 & 9, The Arena, Capital Hill Business Park, Halfway House, Midrand, 011 312 1247
info@klight.co.za | www.klight.co.za | [Facebook.com/klightimport](https://www.facebook.com/klightimport)



body of work MUMTAZ DASOO

The founder of Mumtaz 'D' Interiors brings an innovative, imaginative approach to design

PHOTOGRAPH GRAEME WYLLIE

LEGS

'Every day, I'm up at the crack of dawn to go for a walk or run. Then I slip into a pair of Giuseppe Zanotti shoes and go to the Kramerville design hub showrooms to source for my full-service design studio. My favourites include Poliform, Tonic Design, Paco, Flexform and B&B Italia.'

HANDS

A full-service design studio, Mumtaz 'D' Interiors was launched 15 years ago and creates polished, sleek interiors. 'My fascination with bold, textured velvet and patterned silks is always evident,' says Mumtaz. 'I'm buying a lot of Élitis, de Gournay and Kelly Wearstler for Lee Jofa fabric at the moment. I also love Christian Lacroix's prints.'



EARS

'My ears are always listening to my clients' needs, and the sounds of Frank Sinatra, Andrea Bocelli and Andra Day calm me down after a busy day at work.'

HEAD

'A million design thoughts go through my mind every day,' says Mumtaz. 'I love these cushions from Anatomy Design, which are covered in fabric by South African textile designer Nicole Levenberg.'

MOUTH

'Because I'm shy and reserved, it takes me a while to open up, so I express myself through my work. I'm also a self-taught cook and my mouth is always ready to devour the food I make.'

EYES

'I love design books for inspiration and am a sunglasses nut. My oversized Tom Ford, Céline and Balenciaga shades frame my eyes and make me look and feel sexy and sophisticated.'

NOSE

'Who wouldn't want to walk into a home filled with the aroma of Cire Trudon's Ernesto candles? I also love the scent of a newly upholstered sofa or a freshly painted wall. From my kitchen, you'll smell chocolate, rose-water, figs or truffle oil.'

@MumtazDasoo; mumtazdasoo@gmail.com



WALLPAPER & FABRICS AVAILABLE THROUGH

Johannesburg: 011 448 2060 | Cape Town: 021 426 0093
Durban: 031 208 9520 | Port Elizabeth: 041 373 1266
www.halogen.co.za | info@halogen.co.za

Halogen
INTERNATIONAL
FOR FABRICS & WALLPAPERS WITH A DIFFERENCE

IN PRINT

Get inspiration from these top reads

PRODUCTION TIAAN NAGEL PHOTOGRAPH PAUL SAMUELS



CLOCKWISE, FROM TOP LEFT

Living with Pattern: Color, Texture and Print At Home by Rebecca Atwood (Random House R531); **Kaleidoscope: Living in Color & Patterns** by Sven Ehmann and Robert Klante (Die Gestalten Verlag R1 073); **Patterns: Inside the Design Library** by Peter Koepke (Phaidon Press R1 154); **Casa Mexico: At Home in Merida and the Yucatan** by Annie Kelly (Rizzoli International Publications R985); **An Anthology of Decorated Papers** by PJM Marks (Thames & Hudson R854); **The Fabric of India** by Rosemary Crill (V&A Publishing R1 075); **Neisha Crosland: Life of a Pattern** by Neisha Crosland (Merrell Publishers R2 865). All available at Exclusive Books.

Celebrating ¹⁵ years of Excellence



African Extracts, with the unique protective benefits of rooibos, offers South African women effective, affordable skin-care products that suit our climate and proudly celebrate who we are. ADVANTAGE protects your skin from the ageing effects of environmental and lifestyle stress.

ENDORSED BY BEAUTY WITHOUT CRUELTY • PARABEN FREE • MICROBEAD FREE

African Extracts
ROOIBOS

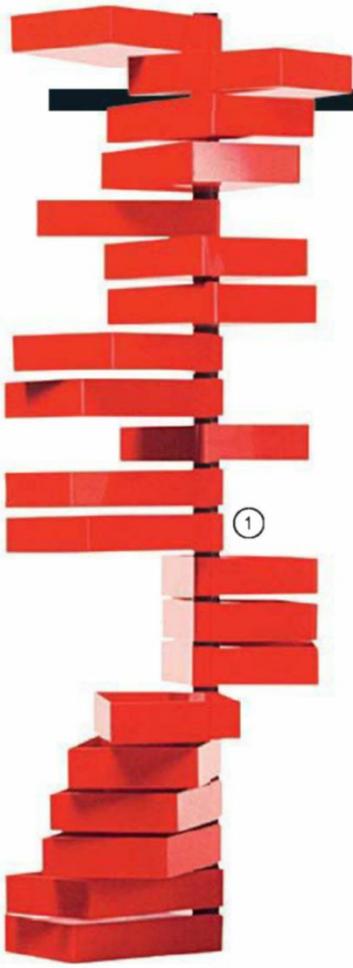
www.africanextracts.com

Available from Dis-Chem, Clicks, major supermarkets and selected pharmacies countrywide.

RED CHAMBER

Storage goes scarlet with high-gloss collectable units in eye-catching designs that exude character

COMPILED BY
CHRIZANDA BOTHA
PHOTOGRAPHS
SUPPLIED



①



②



③

④



⑤

FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

1. Revolving **cabinet** in Red by Shiro Kuramata for Cappellini R57 852, True Design 2. Kisumu **server** in high-gloss duco with solid polished brass components R70 000, Tonic Design 3. Kermes **sideboard** with red interior and black-stained ash feet by Evangelos Vasileiou R32 802, Ligne Roset 4. Booleanos China **unit** by Joël Escalona for Roche Bobois from R97 710 (can be customised), Roche Bobois 5. HG Drinks **unit** in Burnt Orange timber with oxidised brass components R45 000, Tonic Design.

BREAKING THE MOULD

Transparent finishes merge with soft, sculptural shapes in statement tinted pieces that are far from heavy

COMPILED BY **CHRIZANDA BOTHA**
PHOTOGRAPHS SUPPLIED



1. Colour Globe lamps by Scholten & Baijings for Moooi POR, Edge Interiors 2. Clessidre hand-blown hourglasses by Fulvio Bianconi for Venini POR, Venini 3. Kaipo Too table lamp in Red by Edward van Vliet for Moooi R35 868, Edge Interiors 4. Dylan vases in 33.5cm (left) R540 and 24cm (right) R475, Linen House 5. Ombre wine glass in Cigar Smoke by Studio W R75, Woolworths 6. Bolle hand-blown vessels by Tapio Wirkkala for Venini POR, Venini 7. Hampton secretaire by Eric Jourdan R60 208, Ligne Roset 8. Half Full vessels R5 016 each, Okha 9. La Bohème 2 vase stool in Red by Philippe Starck for Kartell R3 570, True Design.

FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

 sofa|company.com
Danish design - delivered to you

VERA
R 12,999.00



PETRA
R 6,599.00

SHOWROOMS

Cape Town: 115 Waterkant Street, Cape Town, 8001 | 021 200 5904 | info@sofacompany.co.za

Johannesburg: Rooftop, 03 Desmond Street, Kramerville, JHB | 010 590 6336 | info@sofacompany.co.za



Londi Modiko

Whatiftheworld and Southern Guild gallery's co-director and curator is bridging the gap between art and design in Johannesburg

TEXT **KHOLEKA KUMALO** PHOTOGRAPHS **ANDILE BUKA, SUPPLIED**

‘At any given moment, I’d cut up stuff like clothes and dolls to make other things,’ says Londi Modiko of her childhood foray into the world of art. ‘In my first year of high school I took art and, even though I wasn’t good at it, I loved learning about art history, drawing and painting.’

And so the seeds of Londi’s curatorial career were planted, growing into degrees in Fine Art from the Durban University of Technology and the University of Johannesburg, and eventually taking root at the FNB Joburg Art Fair, David Krut Projects and Joburg’s Goodman Gallery, where she was a gallerist for six years. Now, as co-director and curator, Londi heads up the collaborative exhibition space that sees local art and design leaders Whatiftheworld and Southern Guild bringing their talents to Rosebank’s Trumpet building.

‘I’m enjoying the challenge of being involved in this groundbreaking exhibition space and looking forward to encouraging people, especially of colour, to engage in and hopefully start collecting art and design from the continent. There is so much talent here,’ she says. **whatiftheworld.com;** **southernguild.co.za**

What does your work entail at Whatiftheworld and Southern Guild Joburg? Facilitating the growth of artists’ careers by doing studio visits where I give advice on the creation of their artworks. At the gallery, I encourage people to enjoy, engage and invest in art and design. My work days are spent talking to gallery visitors and students about the pieces on show, proposing the pieces in writing to collectors, museums, institutions, and press and art enthusiasts, as well as daily gallery operations. **What draws you to specific works of art?** Artworks that are bold appeal to me – works that speak sincerely of subjects that reflect our society, triumphs and tribulations. I also have a great interest in artists who push the envelope with the manipulation of materials, such as Mary Sibande, Rowan Smith and designer David Krynauw. **What art would you buy with R5 000?** Banele Khoza’s colourful ink drawings that explore gender issues. **R10 000?** One of Durban-based Selloane Moeti’s clay (ubomvu) and acrylic paintings. **R50 000?** A Simphiwe Ndzube painting. His work addresses South African labour politics pre- and post-apartheid and he uses 3-D materials on 2-D surfaces.

R500 000? Alfredo Jaar’s light box work ‘Gold in the Morning A’. **R1 000 000?** I’d commission Nigerian sound artist Emeka Ogboh to make a social commentary sound piece in Johannesburg, and with the change, I’d get a Mohau Modisakeng *Endabeni* photograph. **Which artist’s work should our readers buy right now?** Banele Khoza. **A new artist you have your eye on?** Selloane Moeti. She’s so unapologetic about her voice and I find her usage of reed clay in her paintings interesting. **Who is currently big on the African art scene?** Mohau Modisakeng. **Which local artists are doing well on the international market at the moment?** Nicholas Hlobo and Turiya Magadla. **What’s your favourite piece of art in your home?** A Johannes Segogela wooden sculpture of a couple that resembles my husband and me. **Whose work would you buy now as an investment?** Nicholas Hlobo. **And a piece purely because you love it?** Awol Erizku’s ‘Ask The Dust’ car installation. It’s just a really cool work! **Who is your favourite artist?** Jean-Michel Basquiat. □

CLOCKWISE, FROM LEFT Londi Modiko; ‘I’m a lady’ by Mary Sibande; ‘Ukuvithika 2’ by Turiya Magadla; ‘My People’ by Banele Khoza; ‘Untitled (Metamorphosis 1)’ by Mohau Modisakeng; ‘History’ by Dumile Feni.

Design beyond the surface.

Know-how
from
Switzerland

Innovative Sanitary Solutions.

Combine elegance with hygiene, simplicity with practicality, this is the Geberit system, where less gives more. Geberit creates sustainable quality of life, with innovative water management, comprehensive know-how and trend-setting solutions. Sanitary ware and bathroom furniture design options now available. Image: Xeno² range.

Find out more → www.geberit.co.za, sales.za@geberit.com or 011 444 5070

Anything but ordinary

One of the world's hottest design duos right now, Dimore Studio has created interiors for Aēsop, Fendi, Sonia Rykiel and more

TEXT LYNETTE BOTHA PHOTOGRAPHS STEFANO GALUZZI, PAOLA PANSINI, SIMONE FIORINI



Founded in Milan in 2003, Dimore Studio is the brainchild of Emiliano Salci and Britt Moran. Combining their individual experience in art, design and fashion, the pair – Salci is Italian and Moran from the US – has created an aesthetic unlike any other.

Over the past 14 years, the duo have become known for their unconventional interior combinations, mixing the traditional with the non, light with dark, the past with the present. They effortlessly merge a variety of eras, influences, textures and colours to create spaces – and objects – that are one of a kind. Their luxurious, layered style is the opposite of minimalist and anything but ordinary.

Starting out, Dimore Studio's predominant focus was residential, as it created remarkable interiors for private homes in London, Paris and Milan, but with their offbeat style and meticulous attention to detail, the pair did not

remain under the radar for long. They have subsequently been commissioned by renowned hoteliers such as Ian Schrager and Thierry Costes, and top fashion houses, such as Fendi, Hermès and Sonia Rykiel, to create interiors. In 2016, Dimore Studio worked on projects with Hôtel Saint-Marc in Paris, Frette in London, and Italian boutiques Lagrange12 in Turin and Pomellato in Milan, among others.

'It's nice whenever you have the chance to work in the hospitality sector,' Moran told Forbes.com in 2016, 'since hotels and restaurants give you opportunities to be as creative as you like, because you're trying to create areas that people wouldn't normally have in their homes.'

The English translation of 'dimore' is 'dwelling' or 'residence', which are both rather formal English words for 'home' that seem especially apt as an expression of what Dimore Studio does: while their aesthetic may be unequivocally unique,

everything they do is somehow grounded in a form of tradition. 'Nothing inspires us more than the patina of time, reinterpreted in sophisticated, contemporary decor so as to create a specific mood,' says Salci.

Dimore Studio also has its own furniture line, which was launched in 2005 and includes handmade Italian tables, chairs, lighting, rugs and shelves. With a strong identity and resolute commitment to their craft, the future looks bright for this design duo. dimorestudio.eu

SEE MORE OF DIMORE
STUDIO'S WORK AT
HOUSEANDLEISURE.CO.ZA



5 MINUTES *with* DIMORE STUDIO

Which city do you find most inspiring?

New York, for its plethora of incredible museums and its breathtaking energy.

Who are your favourite artists? Donald Judd, Enrico Castellani and Fausto Melotti.

What is your current favourite fabric? We are in love with our collection Progetto Tessuti, which launched in 2015.

Did you always know you would be designers? No, we both just had a passion for it and turned it into a profession. **What inspires your design?** We mix eras and styles and take inspiration from our travels, a movie, fashion, an artwork, an exhibition and the street.

What's your favourite product or furniture design? Lights from the 1940s. **What has been one of the highlights of your career?**

Our first presentation at Salone del Mobile in Milan was a pivotal moment. The interest generated led to our first commissioned works in terms of furniture as well as interior projects, both for private homes and hospitality.

Would you rather be remembered for designing an iconic chair or an iconic light? An iconic light.

What do you love most about what you do? Every day is different. **Your advice to aspiring designers?** Work hard.



THIS PAGE, CLOCKWISE FROM TOP LEFT
Lagrange12 boutique in Turin, Italy
(top and below right); Britt Moran and
Emiliano Salci; Divano 016 sofa from
the Progetto Non Finito collection;
Pomellato boutique in Milan, Italy.

OPPOSITE PAGE, FROM TOP
Pomellato boutique; Tappeto 006
rug from the Progetto Non Finito
collection featuring a watercolour
by Federica Perazzoli.

SURFACE TENSIONS

TEXT MARY CORRIGALL STYLING CHRIZANDA
BOTH PHOTOGRAPHS STEVE MARAIS, SUPPLIED

MULTIMEDIA
ARTIST
FRANCES
GOODMAN
REMAINS
FIXATED ON
CREATING
PRETTY
EXTERIORS
— AND YET
A DARK
REALITY LIES
BENEATH
HER WORK



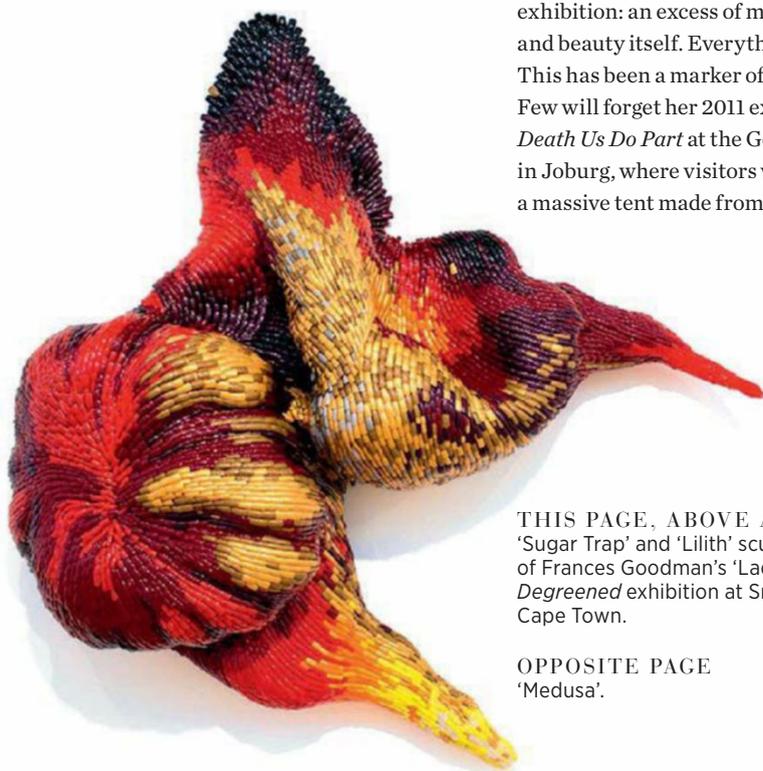


‘Beautiful’ is an adjective you expect to be associated with art but rarely is it used to describe it, particularly when the art is good. ‘Beautiful’, in relation to art, somehow implies that it is vacuous, without intellectual weight or depth. This view is so far-reaching that it extends to all who trade in beauty – such as designers, who are often thought to be superficial, as are models and beautiful women, who are deemed ‘stupid’ based on appearance alone.

In *Degreened*, Frances Goodman’s recent exhibition at Smac Gallery in Cape Town, she challenges this culture by confronting viewers with glaringly beautiful art. Her series of two-dimensional paintings with glittering surfaces begs your interest.

The word ‘beautiful’ hovers on your lips when you spy neon works featuring large, sequinned pouts and flashing smiles, but it is the series of sculptures of flowers, ‘Lady Garden’, that drives beautiful home: these brightly coloured, oversized renditions of tropical flowers with hard petals are visual spectacles. This is the case not only because they are large and wonderfully crafted, but also because they are made from thousands – if not millions – of artificial nails. Part of the attraction is disbelief.

Excess is a uniting thread in this exhibition: an excess of materials, colour and beauty itself. Everything is overstated. This has been a marker of Frances’ art. Few will forget her 2011 exhibition *Till Death Us Do Part* at the Goodman Gallery in Joburg, where visitors were greeted by a massive tent made from wedding fabrics



THIS PAGE, ABOVE AND BELOW ‘Sugar Trap’ and ‘Lilith’ sculptures form part of Frances Goodman’s ‘Lady Garden’ at her *Degreened* exhibition at Smac Gallery in Cape Town.

OPPOSITE PAGE
‘Medusa’.

and an installation involving 100kg of confetti bearing the word ‘forever’.

‘My working methods derive from the laborious, repetitive and obsessive nature of making something by hand that references historical notions of “women’s work” and craft practices,’ Frances says. ‘Furthermore, my practice is a response to the consumerist, capitalist world we live in. Making something desirable from thousands of throwaway objects is a critique of the value, or valuelessness, of labour and goods within these structures.’

She began working with artificial nails in 2014 for her Goodman Gallery show *Nail Her*, in which she collaborated with designer Suzaan Heyns on a dress made from thousands of these plastic extensions. Frances views artificial nails as ‘a metaphor for the type of woman I am interested in making work about and for: tough, striking, alluring, repellent, strong, brittle, sexual and abject – the hyper-feminine’. Her interest in exploiting surface beauty to reveal the apparent emptiness of female beauty has ironically been the means for her to create art with depth that communicates important ideas about society.

Feminine beauty is presented like a honeytrap, an idea echoed in Frances’ rendition of a Venus flytrap made from false nails. ‘I think beauty itself is a red herring,’ she says. ‘The power lies in the way women choose to wield their beauty and desirability. It’s about intention and stance, about not apologising for being a woman or being a victim of the media and consumerist world, which have become inescapable.’

A hidden danger that belies a beautiful exterior is revealed in her sequin paintings, however it is the beautiful woman who ‘traps’ men – or the male gaze – who is the ultimate victim. Through the medium of sparkling sequins and the artful poses struck by the subjects, these victims remain beautiful even in the moment of their horrible, terrifying death. ‘I believe the pressure to be beautiful is a double-edged sword for women. They are expected to be beautiful, to spend time and money on their appearances and to conform to societal expectations, yet they are judged when they do just that – and when they don’t.’ ▶



'I THINK BEAUTY ITSELF IS A RED HERRING.'

says Frances. 'Confidence and assertiveness are confused with vanity, and beauty is often conflated with stupidity. These are old stereotypes; we all know them. The question is, how do we change them?'

Frances suggests that women are trapped by their beauty not only through their assiduous pursuit of appearing 'pretty' using artificial means, but also in a patriarchal world where women are more commonly victims of violence at the hands of men. Beauty can lead to a bitter end.

It's an unexpectedly dark message for such a 'beautiful' show – but that's the point. Frances has long been driving a strong feminist theme in her art. With a third wave of feminism generating interest in work of this nature produced by women, she is starting to attract international attention and recently enjoyed a solo exhibition in New York at the Richard Taittinger Gallery, where she transformed single false nails into giant sculptures. It seems Frances has turned the art of becoming beautiful into a dark but engaging pursuit. francesgoodman.com; smacgallery.com



CLOCKWISE, FROM TOP Frances Goodman next to her 'Pink Pearl' sculpture from 'Lady Garden'; 'Lick my Lollipop'; 'Reclining Blonde'; 'Studded Kiss'.





BOSCH

Invented for life



For when you
need those
brownie
points.

 **PerfectBake**

The new Series 8 oven with the PerfectBake sensor automatically sets the baking time and temperature - making your baking a piece of cake.

#CookLikeaBosch



www.bosch-home.com/za



Crème de la crème

Cape-Town based Créma Design has heard the longing cries of Joburg and opened a showroom on Parkhurst's bustling 4th Avenue, focusing on its core brands – Tom Dixon, Foscarini, Hay, Muuto, Lee Broom and Nanimarquina. In the neighbouring store and adjoining courtyard, the showroom showcases one of its most popular brands, Moooi, and outdoor collections by Hay. Visitors can relax outside, mull over their purchases and enjoy complimentary coffee and Wi-Fi. 17 4th Ave, Parkhurst, Joburg. cremadesign.co.za



NOTED

TEXT **KHOLEKA KUMALO, ROBYN ALEXANDER**
PHOTOGRAPHS **KATE MCLUCKIE, SUPPLIED**

Sense of character

For vivid, distinctive and characterful scatter cushions, turn to the Meet the Other Side of Africa collection created by Bonolo Chepape (top) of interior-design studio Lula's Clan. R450 each; lulasclan.com

#IHAVE THISTHING WITHFLOORS

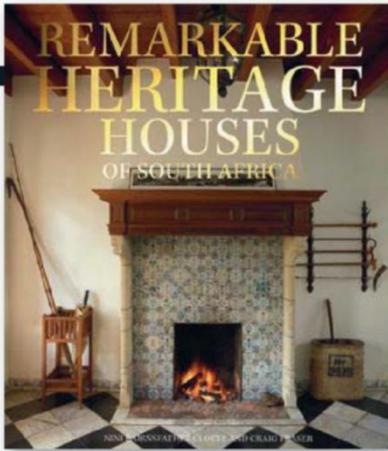
Merging comfort, creativity and luxury, creative director Cathy O'Clery and MONN (an acronym for the names of founder Pieter Nouwens' sons, Marcus, Oscar and Nicholas) have collaborated with great success to launch a range of artistic, design-rich rugs. Look out for the arresting MONN Kuba. MONN also provides a bespoke woven service, which lets you work closely with the brand's design team to bring your individual desires to life. monn.co.za



Africa first

Cape Town plays host to the continent's debut Art Africa Fair from 24 February to 5 March. Hailing from South Africa, Senegal, Nigeria, Cameroon and beyond, the internationally acclaimed panel of curators will present a multisensory, museum-style art experience featuring some of the most dynamic emerging and established contemporary artists from Africa and the diaspora. Get your tickets at webtickets.co.za. artafricafair.com





BOOKMARK READY

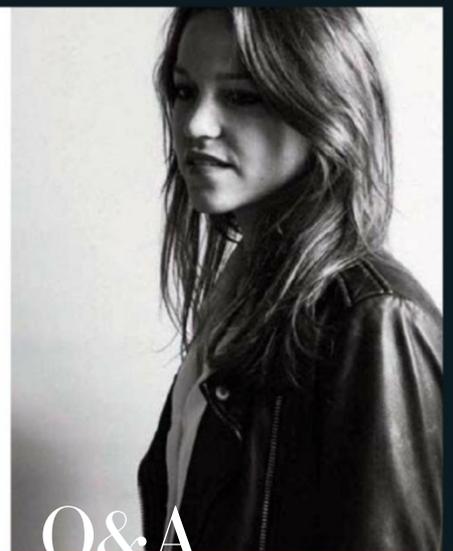
One of the most jaw-droppingly beautiful books to be published about South African domestic architecture and decoration in the past few years, *Remarkable Heritage Houses of South Africa* (Quivertree Publications R600) is by renowned photographer Craig Fraser and writer Nini Bairnsfather Cloete. Ranging from an exquisite apartment in Johannesburg's most famous block of flats to traditional farmhouses and heritage properties located across the country, the homes featured will both inspire and delight. Bairnsfather Cloete's meticulous text amplifies and extends the pleasure of gazing at Fraser's nuanced photographs to create a book that every lover of South African architecture and design will want to own. quivertreepublications.com



COLLECTOR'S ITEM

Disaronno's fourth limited-edition bottle, Disaronno Wears Etro, sees one of the world's most popular Italian liqueurs join forces with the Italian fashion house that does Boho-glam best. Etro's signature paisley adorns a 700ml bottle (R269 at leading bottle stores) as well as six mini bottles, available in packs of three.

'HAVING COVETED ARDMORE CERAMICS FOR SEVERAL YEARS AND BEING STRONGLY DRAWN TO THEIR WHIMSICALITY AND NARRATIVE, IT IS NOW A PRIVILEGE AND A DELIGHT TO BE RECREATING FABULOUS ARDMORE STORIES ONTO WALLPAPER,' SAYS COLE & SON CREATIVE DIRECTOR, SHAUNA DENNISON. THE ARDMORE COLLECTION SHOWCASES COLOURFUL, STYLISED PLANT LIFE, MONKEYS, LEOPARDS, ELEPHANTS AND MORE. ARDMORECERAMICS.CO.ZA; COLE-AND-SON.COM



Q&A

HOLLY HAMLYN

Blok in-house interiors expert, Holly Hamlyn, loves a clean and minimal design aesthetic, which is perfectly suited to the brand's ethos. Here are her top five interior-design tips for compact living.

- 1. Choose a light colour palette,** especially for the walls and large pieces of furniture. A soft, neutral base in a small apartment will make it feel lighter and more open.
- 2. Consider every aspect of the space** and use all areas, but don't overfill it. Be clever with shelving and storage (like having drawers under the bed or hanging pots above your kitchen island), and try to conceal functional shelving so your home doesn't become cluttered.
- 3. Create multifunctional areas** if you don't have many rooms. Using screens and moveable partitions allows for flexibility and will result in spaces that can perform numerous functions.
- 4. Stick to one style** and keep the design elements simple. Smaller items and accessories can add character and colour, as well as create layers.
- 5. Be clever with accessories.** Mirrors can be a functional feature and add depth, while choosing a smaller sidetable instead of one big coffee table can free up space. Small areas can fill up quickly, so think about what is really needed and go for functionality.

blok.co.za

want

GO GRAPHIC

Say hello to the Thandeka server by The Urbanative, the furniture and design-solution brand founded by Mpho Vackier. Taking inspiration from Ndebele patterns (and with kiaat or walnut timber details), the server celebrates the elegance of geometric lines and cutouts, which function as door handles. It can also be customised to suit your colour preferences. Find more of The Urbanative's striking work at this year's inaugural Design Joburg in May.

THEURBANATIVE.COM



The WOMAG story

What do you do when the product you want isn't available? You start your own company! That is exactly how WOMAG was borne after its founder was frustrated with limited choice and high prices for marble and granite for his Cape Town home. 25 years on and WOMAG is regarded as the leader in the stone industry. They stock the biggest variety of natural stone and porcelain tiles and tops (for kitchens and bathrooms) in SA. Celebrate their 25th birthday and enjoy discounts starting at 25%. Begins March.



CELEBRATING



YEARS OF EXCELLENCE



KITCHEN TOPS

Phoenix stone turns your kitchen into a gourmet paradise where creating beautiful food and memories is your main concern. It brings you affordable and durable kitchen surfaces that are resistant to scratching, staining and household acids like lemon juice.

Phoenix stone allows one to work directly on the surface. Choose from an assortment of unique colours as well as a marble-look, making it the ideal top for the modern kitchen.

BREATHTAKING FLOORING!

Beautiful spaces in your home need not cost the earth, especially when you can get that luxurious marble look with WOMAG's new arrival of European porcelain tiles.



The Luni Bianco porcelain tile featured here is made in Spain and is available in a 750 x 750mm polished look.



    womag.co.za

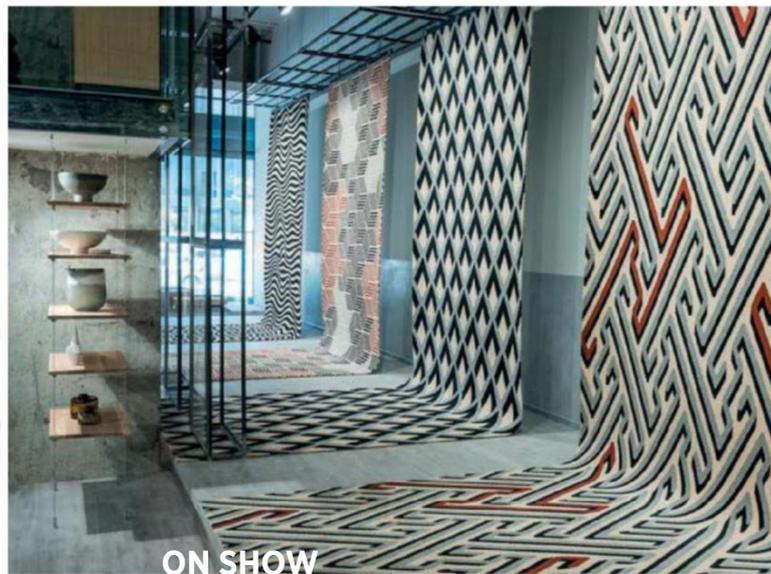
Cape Town | Strand | Fourways | NEW - Menlyn Piazza

W·O·M·A·G
TILES · TOPS · TAPS · SANWARE

086 11 WOMAG
9·6·6·2·4



GIMME SHELTER
 IS THERE SUCH A THING
 AS A PICTURE-PERFECT
 SUMMER'S DAY THAT
 DOESN'T INVOLVE
 A WHITE PARASOL
 BY YOUR SIDE? R1 995;
WEYLANDTS.CO.ZA



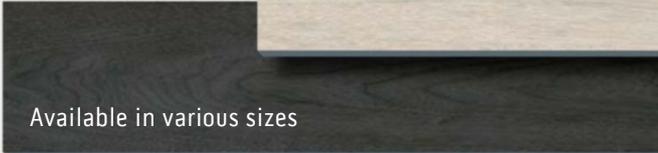
ON SHOW

If you're a fan of seriously stylish flooring, you'll want to visit Belgotex's recently unveiled Design Centre in Century City. The centre consists of a gorgeous contemporary showroom area and elevated textile concept gallery, a coffee bar, and a boardroom and mezzanine office space for Belgotex's Cape Town-based professional team. As Edward Colle, executive director of Belgotex Floors, says, 'Unlike many traditional showrooms, the environment is welcoming and easy to navigate, allowing our customers to rethink the way that they see and choose flooring.' As well as being open to the public, architects, interior designers and other creative professionals can either explore the space alone or meet with their clients at the centre. Plus, once you've chosen your flooring, the Belgotex team will refer you to the best fitter for your needs, removing the guesswork of finding vetted suppliers. The Belgotex Design Centre can be found in the Matrix at Century City, adjacent to the Century City Conference Centre and Hotel in Cape Town.
belgotexfloors.co.za

BOUTIQUE BEAUTY

Combining classic lines with luxe finishes and an arresting palette that includes deep green, rich terracotta and gleaming brass details, Margot Molyneux's new boutique on Roeland Street is the perfect showcase for her brand's pared-back, sleek fashion pieces. Adding to the shopping experience are large changing rooms, a crazy paving floor and chic velvet tub chairs. 69 Roeland St, Cape Town.
margotmolyneux.com





Available in various sizes



FUTURA

FORWARD LIVING



BLS18C 13/12/18

THE BEAUTY OF REAL STYLE IS TIMELESS.

Inspired by the very latest international trends, Futura tiles set a cutting-edge tone. Every range has style-purposed design and engineering. Quality-crafted masterpieces, so incredibly grained and lifelike, yet with all the easycare benefits of a porcelain tile. Find your Futura at ctm.co.za or visit us at our stores.

FROM R139⁹⁰ PER M²



ONLY AT



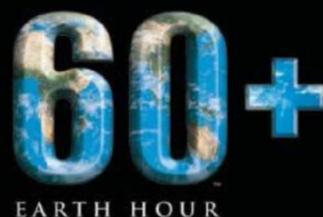
Big savings. More style.

USE YOUR POWER

#EarthHourZA
25 MARCH 2017 | 8:30PM



wwf.org.za/earthhour



HOME

SIZE DOESN'T
MATTER – *it's*
what you do with
IT THAT COUNTS.

Here's the proof:
AN ART DECO
FLAT IN ILLOVO ^(P50),
pocket-sized cool
IN HOUT BAY ^(P58),
a treasure trove in
Green Point ^(P66) and
AN OPEN-PLAN
FRESNAYE PAD ^(P74)

THE ART OF DECO

THIS COMPACT FLAT
IN *Illovo*, JOBURG,
BALANCES *a zero-*
clutter policy WITH
A WIDE ARRAY OF
stylistic INFLUENCES

TEXT GRAHAM WOOD
STYLING NICOLA STEVENSON
PHOTOGRAPHS ELSA YOUNG

THIS PAGE
Elisabeth Callinicos in
her Illovo flat, which
she renovated with the
help of architect Tony
Bentel. By raising the Art
Deco-inspired double
doors to the ceiling,
she emphasised their height
which in turn enhanced
the flat's sense of space.



THIS PAGE,
FROM LEFT

'The kitchen was small and dingy,' says Elisabeth, 'and it had orange tiles.' So she and Tony opened it up to the dining area and gutted it, replacing its fittings with sleek black-and-white cabinets, counters and tiles in a design that blends the modern with the traditional; recipe books and a red espresso cup add pops of colour to the monochrome setting.



While studying art in Paris, Elisabeth Callinicos – who now works at Johannesburg's Goodman Gallery – spent the French summer visiting her family at home in Joburg. Her mother stumbled upon a 1960s Illovo flat and suggested they see it together. Although Elisabeth thought the property was 'vile', her family convinced her to invest, so she bought the place with the intention of renting it out while she continued to live abroad.

Time went by, and Elisabeth spent a year in London working for an art auction house before returning home. Six months before she was due to return, she decided to live in the flat she'd bought all those years earlier, but it had to be substantially renovated before she could move in. It was poky and carpeted, and the kitchen had orange tiles.

There were features she admired, of course. 'I like these old apartments because the finishes are so solid,' says Elisabeth, who was also attracted to the high ceilings and parquet beneath the carpets. There were good features to exploit for a renovation.

Between having a father who had made a hobby of refurbishing old houses (and had built up a network of builders and craftspeople) and a friend whose father is an architect – Tony Bentel – Elisabeth had a good start. She and Tony set about opening up the kitchen so that it connected with the dining area, resulting in a breezier layout. 'We made it into a more fluid space,' she says. 'I don't like little compartmentalised rooms.' They also took space from a corridor – and a little from the guest bedroom – and created a second bathroom, turning it into a two-bedroom, two-bathroom flat.

Dark, Art Deco-type double doors that reached the ceiling were one of the striking features. 'I lived in a Paris apartment

with French windows looking out onto the street,' says Elisabeth. She wanted to create a similar effect in her Illovo space, and the narrow height of the doors emphasised the already impressively high ceilings, which made the flat seem far bigger than it is.

She tried to work with small, independent builders and craftsmen rather than big companies. 'I had to hustle to find lesser-known people rather than from the large building companies,' she says, 'but I was lucky because my dad has a lot of contacts.'

Because she'd been away and mostly shared tiny 'shoebox' apartments overseas, Elisabeth didn't have much to speak of in the way of furniture. 'A lot of this is from my mom,' she says. Gesturing towards an impressive Art Deco cabinet in the dining area, she says, 'That was my gran's, then my mom's and is now mine. I also got some pieces from my sister when she moved abroad.' Fortunately everything perfectly suited the aesthetic she was after. In Paris, Elisabeth had been struck by the way people combined old and antique furniture with 'the beautiful and modern. Now that I have the opportunity to live alone, I've taken that on board.'

The furniture Elisabeth received from her mother included some of the ornate and gilt influences of old Europe. She picked up some sleeker Scandi pieces, such as the coffee table, from places like Mødernist in Parkhurst, and otherwise went off the beaten track again. 'I like to scrounge around and find things. For example, I heard about a nightclub in Primrose that was closing down and that's where I bought the dresser in the bedroom.'

While in London, Elisabeth had been 'blown away by local British production' and was delighted to discover that a similar revolution ▶

THIS PAGE

Across from the kitchen is the dining area, which leads onto the sitting room and features a beautiful Art Deco cabinet that first belonged to Elisabeth's grandmother, then her mother and now belongs to her. Two drawings by Walter Battiss adorn the walls, reflecting Elisabeth's passion for art, and on the dining table, fresh blooms are displayed in a metallic vase from Anatomy Design alongside a planet sculpture from Generation.





ELISABETH'S FLAT
REFLECTS WHAT
SHE LIKES. IT'S AN
EXPRESSION OF
PERSONAL HISTORY
AND THE STYLISTIC
INFLUENCES OF
HER TRAVELS.

had been taking place at home. 'Coming back to South Africa, I loved the innovative, clean-cut designs,' she says. Elisabeth was instantly attracted to the likes of Anatomy Design, from whom she got her sofas and sidetable, and Tonic Design, which also introduced a contemporary local element to the interior.

Despite her Illovo flat being small, it appeared massive to Elisabeth after the apartments she'd become accustomed to in Europe. 'It felt like there was a lot of space,' she says. Nevertheless, she was 'very conscious of the clutter' and showed admirable restraint in furnishing her rooms, allowing ample breathing space for each piece. The walls are gradually filling up with art, some picked up at auctions, others from pop-ups or artists' open studios. 'I don't buy names,' she says. 'I buy what I like.'

And that's exactly what her flat reflects: what she likes. It's an expression of personal history and the stylistic influences of her travels, expertly engaging with contemporary local design. [bentel.net](#)

THIS PAGE, ABOVE AND OPPOSITE PAGE

Thanks to Elisabeth's decision to avoid clutter and give each piece of furniture ample breathing space, the cosy sitting room feels far larger than it is. She has expertly combined different eras and styles with subtle eclecticism, choosing contemporary sofas and a tray table from Anatomy Design, a Mid-Century Scandinavian coffee table from Mødernist and a standing lamp by Jieldé, available at Tonic Design. The finishing touch is two Marino Marini prints that were bought on auction from Russell Kaplan Auctioneers.



THIS PAGE AND OPPOSITE PAGE, TOP

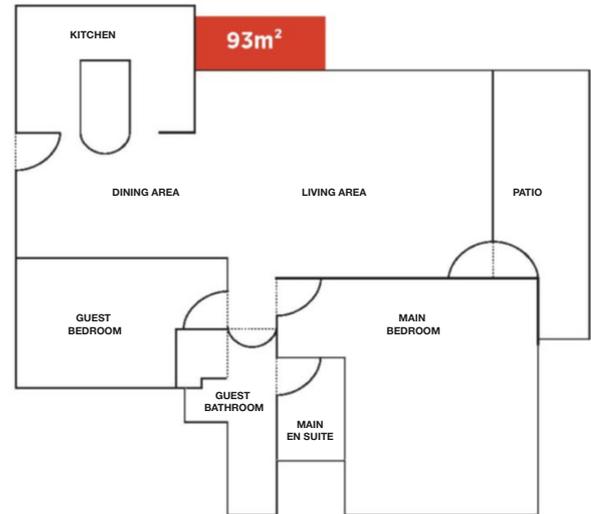
The bedroom's white and neutral background was injected with a burst of colour via bold reds, and once again, Elisabeth was sparing with her furnishings, pairing a sidetable from Tonic Design with a lamp by Dita at Mezzanine Interiors.

OPPOSITE PAGE, BOTTOM

Placed between the bedroom's slick built-in cupboards is a simple cabinet, which was found at a second-hand shop and freshened up with a coat of white paint. It's now being used as a bookshelf.

'A GOOD DESIGN MOTTO TO LIVE BY IS JUXTAPOSE THE CLASSIC WITH THE CONTEMPORARY.'





ELISABETH'S HOME TRUTHS

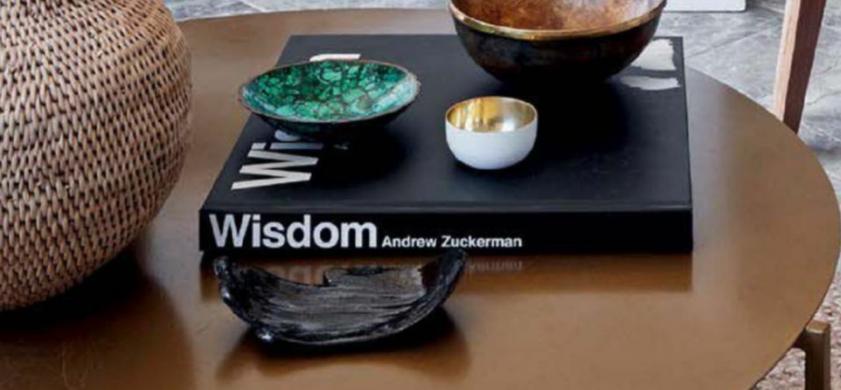
The best thing about living where I do is the greenery and the winding roads lined with large, old trees. **My style** is never underdressed or overdressed, and I don't ever leave home without applying my Nars Red Lizard lipstick. **I'm inspired by** the power of painting, photography, dance, poetry, theatre, sculpture and music. **The design era I love** is 20th-century Art Nouveau. **I collect** handmade espresso cups. **A good design motto to live by** is juxtapose the classic with the contemporary. **My favourite piece of design advice** is keep it chic and simple with a neutral colour palette. **My best-loved room at home** is the lounge. It's breezy enough during summer and sufficiently cosy during winter. **One of my pet design hates** is when signs like 'love', 'blessed' and hearts are hung around the home. It's somewhat trite and not too pleasing on the eye. **A few of my most cherished things include** my espresso machine, prints by Italian sculptor Marino Marini and my collection of books. **My most treasured piece of furniture** is a vintage wooden bench that I restored. **The most rash purchase I ever made was** an Art Deco mirror-plated dressing table. **My entertaining style** is the leisurely Mediterranean way – arrive late to dinner, which probably won't get going until at least 9pm. It allows for my guests to have plenty of time to work up a ravenous appetite, which is your most important duty as a guest. **My signature dish** is saffron tagliatelle with spiced butter. **In the fridge right now** is a bottle of Prosecco. **When it comes to restaurants** Gema Trattoria & Pizzeria in Kensington is my absolute favourite. **The best way to spend a weekend** is reading, relaxing, walking or running in the suburbs, seeing friends and squeezing in a little time for a dance or two. **The place that most inspires me** is Musée Rodin in Paris. **For me, the best travel destination** is Sicily, Italy. **I have a secret talent** when it comes to writing. **The best time of the year** is October until March when the thunderstorms visit Johannesburg. **I adore** The Conran Shop on Rue du Bac, Paris. **The soundtrack to my perfect weekend** includes the *Amélie* soundtrack. **At the moment, I'm listening** to Leonard Cohen's 'Hallelujah' – it soothes my soul.

FIND ELISABETH'S FAVOURITE EMERGING ARTISTS AT HOUSEANDLEISURE.CO.ZA



THIS PAGE
The faux fireplace mantel in Kevin Weller and Dylan Thomaz' Hout Bay, Cape Town, apartment adds character to the living area.

OPPOSITE PAGE
An image found at Milnerton Flea Market sits in front of a mirror from Block & Chisel.



artful eye

NEUTRAL HUES, NATURAL TEXTURES AND CAREFULLY
SELECTED ARTWORKS COMBINE IN A SMALL SPACE THAT
REFLECTS ITS OWNERS' LOVE OF THE SIMPLE YET SUBLIME

TEXT **HILARY PRENDINI TOFFOLI**
STYLING **CHRIZANDA BOTHA**
PHOTOGRAPHS **GREG COX**





Of all the bays scattered along the coastlines of the Cape Peninsula, one of the most appealing is the circular stretch of blue water fringed by mountains, known as Hout Bay.

Craggy cliffs named after the captain of an English ship becalmed here in 1607 sharply fall hundreds of metres into the surging Atlantic. It's that view of Chapman's Peak that first attracted Kevin Weller and Dylan Thomaz – his surname is Portuguese – to their two-bedroom apartment across the road from the beach.

High up on the edge of a large modern townhouse complex, the property is small, about 84m², with the only light in the living room coming through the glass sliding doors opening onto the balcony. 'The building had a closed-in feel when we bought it,' says Dylan, 'and the dull, boring tiles throughout didn't help.'

But if anyone knows how to make the most of small spaces, it's this busy interior designer who has worked as a visual merchandiser and trends manager for a major homeware retailer, and now has his own art gallery, Studio Dylan Thomaz, in Cape Town's Shortmarket Street. Kevin is a financial consultant and the pair spend a lot of time commuting for work between the Cape and Gauteng, which is where they both come from. As a result, a lock-up-and-go suits them well – but this one seriously lacked style.

First they attacked the floors, laying ceramic tiles with the engaging appearance of cracked and aged travertine throughout the apartment. On the balcony, they went for tiny teak parquet puzzle pieces from Thailand that can be clipped together.

It was the blandness of the confined main living area that was the real challenge, though. 'Since we don't have a TV, we needed to create a focal point to anchor the space,' explains Dylan. The solution was a faux fireplace mantel with a tall metal basket filled with logs placed underneath it. It's an installation that adds character. The rest of the area was built around a modular corner sofa by Bauhaus that immediately imparts an upbeat, modernist feel to the entire apartment.

Understated glamour is a vital part of Dylan's decor mix. Two charming, plump boudoir chairs upholstered in greyish, petrol-blue velvet sit on either side of a black metal cabinet topped with a dramatic clump of orchids. A replica of a Charles and Ray Eames moulded plywood chair completes the picture, with a tall mirror propped against the wall to cleverly expand the space.

Simplicity is key here, and the overall aesthetic reflects an unfrilly mood and cool ambience. What brings everything together is the streamlined kitchen. Its concealed storage keeps the place organised, while the central island with a Caesarstone counter ▶



THIS PAGE
Imparting a modernist feel to the lounge is a modular sofa from Bauhaus in Woodstock, which works well with a wooden coffee table from LIM and woven baskets from Amatuli.

OPPOSITE PAGE, FROM LEFT
Dylan is reflected in a tall mirror, which cleverly expands the space. Boudoir chairs found in a second-hand shop have been given a new lease of life with velvet upholstery, and the finish echoes the steel sidetables from @home that he sprayed bronze.

THIS PAGE AND
OPPOSITE PAGE, LEFT
Artworks from Lisette Forsyth's *An Honest
Day's Work* exhibition, crockery and a retro
chandelier from The New Modernist in Bo-Kaap
(find a similar light fitting at Hoi P'loy) add
interest to the kitchen-cum-dining space.

OPPOSITE PAGE, RIGHT
Many artworks on display are small-scale,
including Corné Theron's underwater swimmer
and a tiny seascape by Gabi Lee.

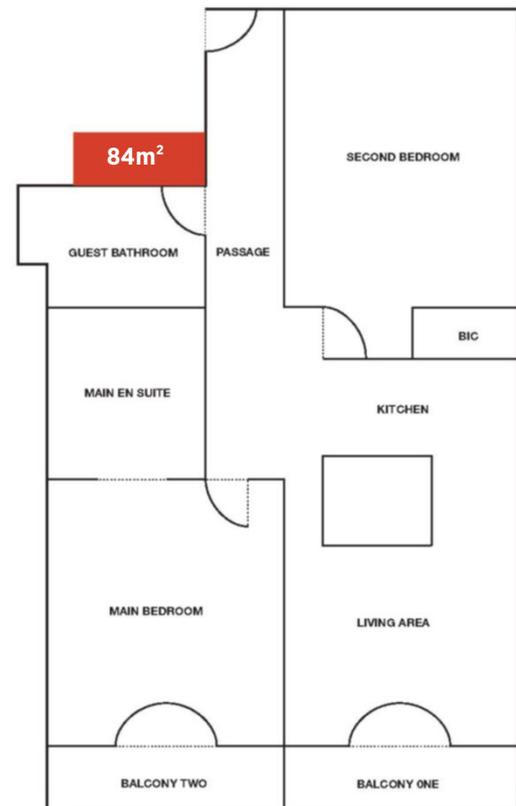




top acts as both a dining area – with four powder-coated metal Tolix bar stools – and a cooking station, containing an electric oven and four-burner gas hob. The 5kg gas cylinder is hidden in a drawer below and all the other major kitchen appliances are also built in: the dishwasher is in a cupboard below the washer and dryer, and the fridge and freezer in another cupboard alongside. Adding an edgy feel to this multifunctional kitchen area are the LED strip lights under the shelves and the sculptural molecular chandelier above the island.

Given Dylan's occupation, it's unsurprising that artwork plays a significant role in the decor throughout the apartment. 'Art brings people happiness and everyone should have happiness in the home,' says Dylan, who also paints. In the main bedroom, the eye is immediately drawn to one of his black-and-white abstracts, which helps make the room seem bigger. The living area features two other striking black-and-white artworks – one is a series of ghostly white spirals on black, created by digital painter Gregory Stark using a robotic arm, and the other is a depiction of dolphin and seal skeletons by Cape Town artist Kurt Pio.

Pio is one of Dylan's favourite artists, as is Lisette Forsyth. She has exhibited at his gallery and her artworks pop up all over the apartment in a variety of media. Many of the pieces displayed in the space are small-scale, such as Sarah Pratt's quirky Tintin lino print, Corné Theron's engaging underwater swimmer and Craig Actually Smith's colourful surfers by the jade-blue sea. In short, the couple has managed to include a mind-boggling amount of art on the walls of this compact apartment and yet none of it looks unhappily squeezed for space. dylanthomaz.com





FIND DYLAN'S TIPS ON HOW TO
DISPLAY ART IN A COMPACT HOME
AT HOUSEANDLEISURE.CO.ZA





DYLAN AND KEVIN'S HOME TRUTHS

The greatest challenge about small-space living is trying to fit in your friends for dinner (Dylan). There's never a big enough braai area, and I love braaiing (Kevin). **Our space-saver tips** are make your small space feel light. Find furniture you can use for storage, such as beds with drawers. In the kitchen, use deep drawers instead of cupboards. **When entertaining in a small space** make sure there's enough alcohol (Dylan) and that after the meal you get the dishes out of sight by discreetly packing them in the dishwasher (Kevin). **When furnishing a small space**, it's essential to find a few iconic pieces with good functionality and great design (Dylan), or an interior designer you can trust (Kevin). **The music you're likely to hear in this apartment** depends on the guests and the occasion. Sometimes it's café-style music and on wilder nights, we have an impromptu 1980s dance session. **In decor, we draw the line at** items that look mass-produced (Dylan) and anything made by a taxidermist (Kevin). **We've collected treasures from** our travels that tell a story of who we are and where we've been (Dylan). We also have far too many motorised toys. Boys will be boys (Kevin). **The most bizarre thing we've ever bought** is a 1973 metal rubbish bin from Milnerton Flea Market. **It's always been a dream of ours to own** a Cape Dutch gabled house on a working farm, with rolling hills in the background and our friends and family around us. **We're really looking forward to** our next exotic island holiday.



THIS PAGE
Ceramic tiles with an aged-travertine finish were used throughout the apartment.

OPPOSITE PAGE
In the main bedroom, a large black-and-white abstract by Dylan draws the eye and makes the room look bigger.

'WHEN FURNISHING A SMALL SPACE, IT'S ESSENTIAL TO FIND A FEW ICONIC PIECES WITH GOOD FUNCTIONALITY AND GREAT DESIGN.' – Dylan Thomaz

IN LIVING COLOUR

THE VIBRANT HOME OF TWO CAPE TOWN
CREATIVES IS A COMPACT SPACE PACKED WITH
ALL OF ITS OWNERS' FAVOURITE THINGS

TEXT **LYNETTE BOTHA** STYLING **CHRIZANDA BOTHA** PHOTOGRAPHS **ADRIAAN LOUW**



THIS PAGE

The couple loves fresh greenery and flowers in their home, displaying whatever is in season. Here, a combination of onion flowers, a king protea, artichoke flowers, roses, tulips and an orchid take pride of place on a custom-made Gregor Jenkin table.

OPPOSITE PAGE

Christan Boshoff and Chris Viljoen in the doorway of their home in Green Point, Cape Town.

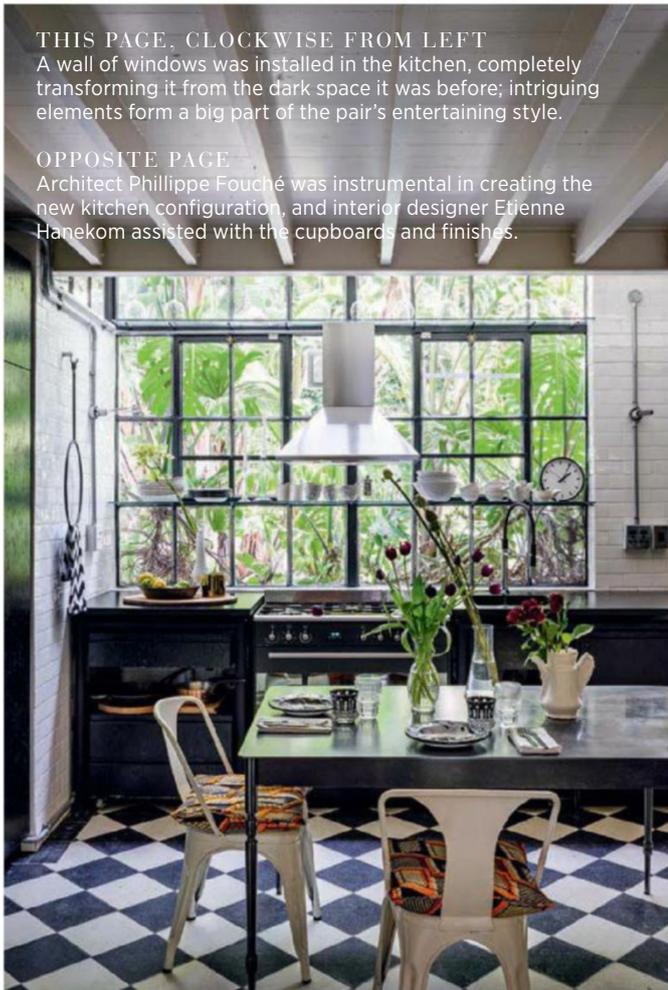


THIS PAGE, CLOCKWISE FROM LEFT

A wall of windows was installed in the kitchen, completely transforming it from the dark space it was before; intriguing elements form a big part of the pair's entertaining style.

OPPOSITE PAGE

Architect Phillippe Fouché was instrumental in creating the new kitchen configuration, and interior designer Etienne Hanekom assisted with the cupboards and finishes.



Step into Chris Viljoen and Christan Boshoff's living space in their Green Point home in Cape Town and it is immediately clear that they are both keen travellers who collect beautiful things wherever they go. 'One of the biggest draw cards of our place is that because it is contained; we can lock up and go,' says Christan. 'We often do home swaps, regularly swapping with a couple in Paris, as well as in Amsterdam, Barcelona, Berlin and New York.'

They are both very visual people – Chris is creative director of Spree.co.za and Christan is creative lead of visual merchandising at Woolworths – and their obsession with colour is apparent throughout their space. Accent walls, which they change often, are painted in pale tones of blue, green and pink; books line the walls and art, ranging from a Salvador Dalí to a Henk Serfontein, abounds. They also share a love of ceramics, which you'll see dotted around the home, and their collection includes pieces by Hylton Nel, Frauke Stegmann and Ceramic Matters. The result is a mesmerising space filled with treasured collectables, each with its own story.

It all begins with the walled potted garden on the front stoep of the apartment, where terracotta pots stand proudly in their custom-made metal rings. Christan beams with delight when he talks about it: he has decidedly green fingers and the garden – which is predominantly made up of indigenous and water-wise plants, most of which were collected during the couple's travels – is his passion. 'Some of my plants are more than 10 years old and many were

acquired during trips around the country,' says Christan, adding that 'each one brings back a memory and has a story behind it, and one even contains the ashes of our first cat, Henk'.

Cats play a big role in the couple's life; Dries de Vries and Joachim are their pride and joy, and the only other occupants of the 1870s apartment just off energetic High Level Road. The Grade II heritage building in which the apartment is situated had two storeys added in 1928, and today is split into five flats: Chris and Christan's has the original main entrance, front room and veranda.

Chris is originally from Joburg and Christan lived there for seven years, and the pair moved to the Mother City in 2006 with no real knowledge of the Cape Town property market or an exact idea of where they wanted to settle. 'After renting for a while and looking for something to buy, we began feeling disheartened as we just couldn't find the right place at the right price,' says Chris. 'We weren't in a rush to buy but were constantly on the lookout for our future home.'

The property market was very buoyant during that period and houses didn't stay on sale for long. It was completely by chance that Chris and Christan came across the apartment they now call home, which at that point was a far cry from the roomy, modern space it is today. 'The place was completely run down – it was in a terrible state. I'm not sure how we saw past that,' says Chris. 'But it definitely had character: it was old and interesting, with high ceilings, original Oregon pine floors and classical mouldings above the windows. However, we knew it would need an intensive renovation.' ▶





After 18 months of sale negotiations and resolving building approvals due to the property's heritage status, they were able to begin renovations with the help of their friend, architect Phillippe Fouché. The enclosed back veranda area was converted into the kitchen and bathroom, a mezzanine level was added to create space for a guest room and study – as well as a smartly concealed indoor washing line – and a wall was knocked down in the lounge to make the downstairs area a free-flowing space. The couple called on another friend, interior designer Etienne Hanekom, to assist with the kitchen, which Phillippe cleverly transformed into a light-filled, open area thanks to a wall of windows. 'The high ceilings are what really makes the apartment special. We have 5m from floor to ceiling – you just don't find that any more,' says Christan.

A lot of time, effort and consideration went into selecting the finishing touches, such as the herringbone tiles in the bathroom, recessed doors to conceal appliances in the kitchen and guest bedroom, and wire lockers and a hospital cabinet for storage in the living area. All these cleverly chosen items have really helped to maximise the space, which surprisingly doesn't feel at all confined.

It's clear that Chris and Christan love their compact apartment, the freedom it affords them and all the treasures it contains. 'An additional room, a bigger garden and a pool would be nice,' says Christan, 'but our home suits our lifestyle to a T right now – and we wouldn't change a thing.' spree.co.za; woolworths.co.za

CHRIS AND CHRISTAN'S HOME TRUTHS

Our favourite spaces in our home are the kitchen (Chris) and the upstairs study and front garden (Christan). **The best thing about living where we do** is the close proximity to the Sea Point promenade, shops, restaurants and parks – we barely drive anywhere barring to and from work. **We are constantly inspired by our travels.** **One of our favourite pieces of furniture** is the Gregor Jenkin table in the kitchen, which completely transforms the room. **We often rearrange our furniture or paint the walls different colours** because we're inspired or as the season changes. This keeps our home fresh and exciting. **On Friday nights** you'll find us at The Power & The Glory (we are consistent like that). **We love to entertain** – whether planned or spontaneous – and I (Chris) enjoy cooking. **What we like about a small space** is its mood-like qualities – it changes with the day, light and weather. **The next place we're travelling to** is Paris. Tomorrow. Must pack.

THIS PAGE, FROM LEFT

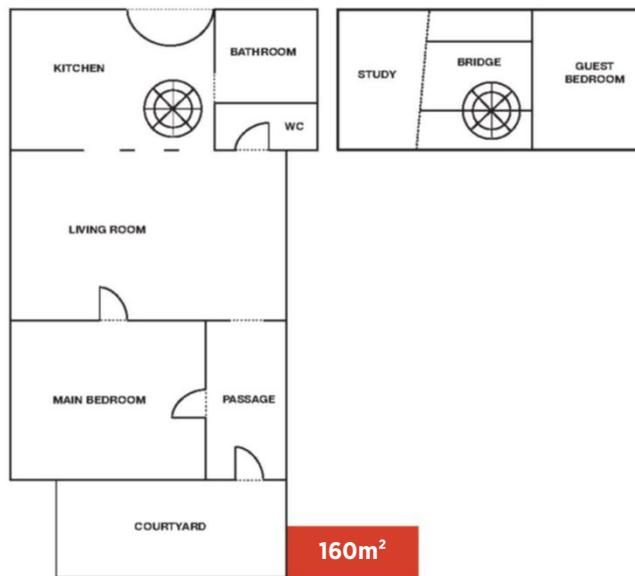
Christan gave Chris the Mr Impossible chairs by Philippe Starck as a birthday gift, which sit at a table decorated with books, flora and trinkets; found at Antiques on Kloof, the couch dates back to the 1950s and was reupholstered in emerald velvet.

OPPOSITE PAGE

The original fireplace is flanked by Marcel Breuer's Wassily Chairs from Decade and plinths from Antiques on Kloof.

'THE HIGH CEILINGS ARE WHAT REALLY MAKES THE APARTMENT SPECIAL. WE HAVE 5M FROM FLOOR TO CEILING.' – Christan Boshoff





THIS PAGE, FROM TOP

Greenery is present throughout the home and includes delicious monsters and succulents; Dries de Vries, the couple's youngest cat, enjoys relaxing in the main bedroom with its custom-made headboard and a Walter Battiss artwork adorning the wall.

OPPOSITE PAGE

A bath from Lavo Bathroom Concepts acts as a beautiful focal point in the bathroom, which also features a number of air plants.

CHRIS AND CHRISTAN LET US IN ON THEIR FAVOURITE PLACES TO SHOP IN PARIS AT HOUSEANDLEISURE.CO.ZA







THIS PAGE
Daniel Brown's entire Fresnaye apartment in Cape Town is one big space separated by a central steel structure that creates a web of public and private nodes.

beautiful divide

THIS OPEN-PLAN FRESNAYE BACHELOR PAD HAS BEEN EXPERTLY DESIGNED TO REFLECT ITS OWNER - IT'S COOL, UNCLUTTERED AND HAS A CERTAIN EDGE

TEXT **GENEVIEVE PUTTER** STYLING **IAN MARTIN** PHOTOGRAPHS **MICKY HOYLE**





Entering Daniel Brown's ground-floor apartment while he makes a cup of coffee in his efficient, timber-clad kitchen, you can't help but acknowledge that if some people look like their dogs or partners (the subject of many a photo series), then there's something to be said for the personification of homes that look just like their owners. And this is the case with Daniel and his completely open-plan, one-bedroom apartment in Fresnaye, Cape Town, which is designed over three levels. The words 'interesting', 'achingly cool' and 'unexpectedly edgy' come to mind when considering this compact abode. It's as uncontrived as its owner and you can tell that the interior choices and combinations are reflections of someone who knows the value of good design and the mantra of 'less is more'.

The fact that Daniel's good friend and business partner, architect Chris van Niekerk, transformed the home into the ultimate bachelor pad is probably why it's such a well-executed job of self-preservation for Daniel. The two are part of Africandy, the South African online design portal, so when it comes to personal aesthetics, they just understand each other. 'I trust and respect Chris as an architect and a creative, so I gave him free rein and as expected, he delivered a gorgeous apartment,' says Daniel.

The brief for this space was relatively open-ended, with the kitchen and other joinery being the major changes – this time around. It turns out that this is the second renovation of the place by Chris: the first was back in 2005 when it belonged to another friend who asked him to help with an upgrade. It was to be Chris' first project as a professional architect, with him having just finished his practical training. 'When Daniel first saw the apartment in 2009, he fell in love with ▶

'IT'S NOT ONE PARTICULAR ELEMENT THAT MAKES THIS SPACE DISTINCT, BUT RATHER THE EXPERIENCE OF IT.'

– Chris van Niekerk

THIS PAGE, FROM LEFT

'Dog Sleep 2' by Cape Town artist Kemang Wa Lehulere provides a focal point in the dining and kitchen area; Daniel stands in front of an oxidised copper artwork created by Chris for a previous project.

OPPOSITE PAGE

Different zones in the open-plan apartment include a loft lounge above, a swish kitchen below and a somewhat-concealed bedroom behind.







it and always told himself that when he was in a position to buy it, he would,' says Chris. 'Last year, he contacted the owner to see whether he would be willing to sell it to him, and he did – and so began the second iteration of alterations.'

So how do you maximise space while at the same time turning a place into a luxurious home? First things first: you tackle the fact that the apartment is on the ground floor of a heritage-protected block. 'The apartment is in a listed Art Deco building situated on the downward slope of a street,' says Chris. 'Suspended timber floors were the norm back then, and this resulted in a huge void or basement level under the floorboards, which we decided to use. We had to strip out the timber floor and remove about half a metre of dry rubble underground, which gave us a great deal of volume. A new floor slab was cast and Daniel now has far more space than was there previously.'

The next step was to design a functional yet creative means of dividing the apartment, all while keeping it somewhat open-plan. 'A single internal door was required for privacy in the bathroom,' says Chris, 'and the rest of the spatial separation was achieved by inserting different elements to create numerous zones of varying degrees of privacy. There are restricted view lines for areas requiring more privacy, like the bedroom.'

The main device used for this clever separation of space was a central metal platform. It's the heart of this home from which all areas lead, and around which much of the joinery pivots. 'The metal structure made the kitchen and dining area more intimate, which contrasts well with the double-volume height in the entrance zone,'

says Chris. 'It also allowed for additional floor area to accommodate the lounge above, and is the physical barrier between the public and private parts of the apartment.'

The materials used throughout this renovation were kept in as natural a state as possible – from the exposed concrete beams in the ceiling and the gracefully ageing metal structure, to the matt slate floor tiles and timber kitchen cladding. The artwork is the perfect foil to the considered envelope of the space and reads like a catalogue listing of top South African contemporary art – including Zander Blom, Wim Botha and Anton Kannemeyer, to name a few. There is also a host of noteworthy designer pieces, many of which have a slight eccentric edge to them – like the Magis Cu-Clock, a cuckoo clock by designer Naoto Fukasawa. And as Chris so aptly puts it, 'It's not one particular element that makes this space distinct, but rather the experience of it.' ▢

thefold.co.za; africandy.com

THIS PAGE, FROM LEFT

A lamp from Newport Lighting perches on a concrete sidetable made by Daniel especially for the loft lounge; when standing in the sunken shower-cum-bath, you are shielded from sight yet still have a great view of the whole apartment.

OPPOSITE PAGE

Zander Blom's 'Untitled 2015' hangs in the compact kitchen with its oil-stained cabinets and black granite island and counter tops.

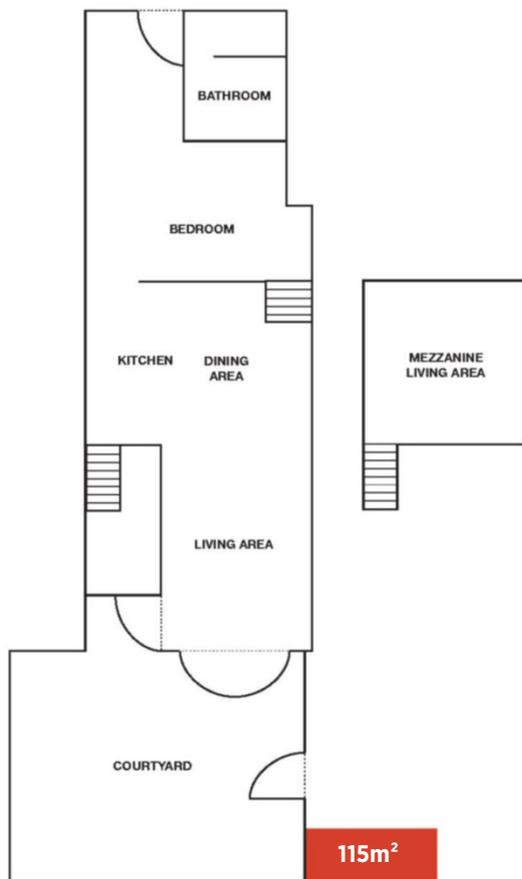
THIS PAGE

The upper portion of this headboard is also the steel partition that separates the bedroom from the living space upstairs.

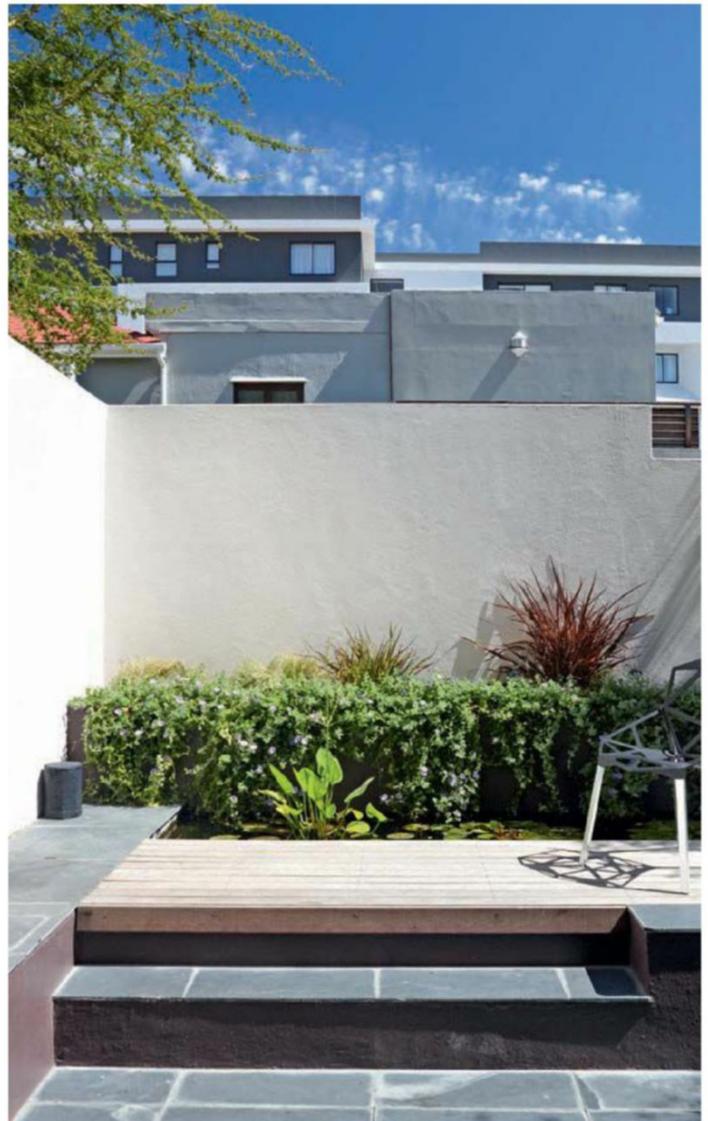
OPPOSITE PAGE

Daniel's courtyard is a wonderful sun trap and features greenery as well as a small fish pond.





‘I’VE ALWAYS PREFERRED SMALL SPACES, AND USE EVERY CENTIMETRE OF THE APARTMENT.’
– Daniel Brown



DANIEL’S HOME TRUTHS

The first thing I do when I get home is unpack my shopping, which I do daily. **The best part about living in a small space** is everything. I’ve always preferred small spaces, and use every centimetre of the apartment. **My favourite thing about living in Fresnaye** is the places to hang out, with La Perla and Sundoo within walking distance. **My signature dish** is Persian stew with tadiq, which is a rice dish with a buttery and crispy top layer. **My best-loved place to eat in Cape Town** is Clarke’s for regular dining, but Bistrot Bizerca is my top eat-out spot. **My pet design hate** is ceramic floor tiles. **The soundtrack to my perfect weekend** includes Sia. **My most treasured piece of art** is a painting my mum did for me in oils of a Marvin Gaye record cover. **My favourite getaway** is the US, particularly LA and New York. **I’m inspired by** those who dedicate their lives to helping others.

STACKS OF GOODNESS

WELLNESS WAREHOUSE PROVES THAT SWEET INDULGENCES CAN BE GOOD FOR YOU

As a brand that's committed to promoting wellbeing, Wellness Warehouse manages to make even the most sinful of sweet treats wholesome. Take this flapjack stack, for example – it's vegan, dairy-free high in fibre and delicious. Follow this easy recipe to whip it up as a breakfast option at home.



Try the recipe and let us know what you think. Include #lifelifeWell and tag us on

 [wellnesswarehouse](#)

 [@wellnesswarehouse](#)

 [@wellnews](#)

Shop online:
[wellnesswarehouse.com](#)

FLAPJACK STACK

1½ CUPS WELLNESS ROLLED OATS
1 CUP ALMOND BREEZE ALMOND MILK
1 RIPE BANANA
½t CINNAMON
1t WELLNESS CHIA SEEDS
½ CUP LE COQUIN COCONUT MILK YOGHURT
1t BAKING POWDER
1t COCONUT SUGAR, PLUS EXTRA FOR GARNISHING
BERRIES AND MAPLE SYRUP, FOR GARNISHING

Blend the rolled oats in a food processor until they have the consistency of flour. Add the rest of the ingredients and process until smooth.

Place a pan over medium heat and add the coconut oil. Add three tablespoons of the batter to the pan. When they start to bubble, flip over the flapjacks and allow them to cook on the other side. Repeat until all the batter has been used.

Stack and garnish with coconut sugar, berries and maple syrup (or other toppings of your choice). Serve warm.

SERVES 2


wellnesswarehouse



ALMOND BREEZE ALMOND MILK

This dairy-free alternative to cow's milk is low in kilojoules and won't affect the flavour of food when used in dishes.



WELLNESS ROLLED OATS

Wheat-free, sodium-free and high in fibre, oats release energy slowly, sustaining you for hours on frenetic days.



WELLNESS CHIA SEEDS

Widely known as a superfood, chia seeds are gluten-free and rich in omega-3 fatty acids, fibre and protein.



LE COQUIN COCONUT MILK YOGHURT

New at Wellness Warehouse, this yoghurt is a great addition to recipes as it's packed with healthy fats and probiotics.

LEISURE

TAKE A STROLL
THROUGH THE
*Robertson Small
Hotel* ^(P84), *Maia du
PLESSIS' ARTSY
KITCHEN* ^(P94),
*two of Cape Town's
HOTTEST
RESTAURANTS* ^(P100),
*a tranquil courtyard
GARDEN* ^(P104) AND
MARVELLOUS
Mexico City ^(P108)

it's a
SMALL
WORLD

IN THE QUAIN VALLEY OF
ROBERTSON LIES A PETITE
FIVE-STAR HOTEL THAT HAS
BEEN RESTORED AND
TRANSFORMED INTO A DESIGN-
FORWARD SANCTUARY

TEXT JESSICA ROSS
PRODUCTION IAN MARTIN, CHRIZANDA BOTHA
PHOTOGRAPHS RUSSELL SMITH





THIS PAGE

The light installation in the reception area of The Robertson Small Hotel in Robertson, Western Cape, consists of baskets from Design Afrika.

OPENING SPREAD, CLOCKWISE FROM TOP LEFT

A quiet street scene; Anna van der Ploeg's 'Momentum'; an alcove in one of the Manor House suites at The Robertson Small Hotel; head chef Tiaan van Greunen; the property's grand front entrance; the hotel's guide and stationery, designed by Hoick; pork belly with roasted apple, parsnip purée and kale gremolata; a tranquil outdoor spot; The Small Gin and Tonic.

A sudden midsummer storm hammers down on the lawn at The Robertson Small Hotel. For this part of the Western Cape, the rain is unseasonable but welcome, leaving a refreshing petrichor in its wake. 'The balcony is my favourite spot on the property,' says Lana Groenewald, who's been the boutique hotel's manager – and part of the family – since 2012. As she sips coffee on the sheltered patio, she looks out to a vista framed by the broekielace arches of the Victorian manor house.

It's easy to see why Lana favours this area over all the revamped nooks in the hotel. With its view of the leafy, tropical garden, it's undoubtedly a peaceful place to spend a lazy summer afternoon, holiday read in one hand, expertly mixed negroni in the other.

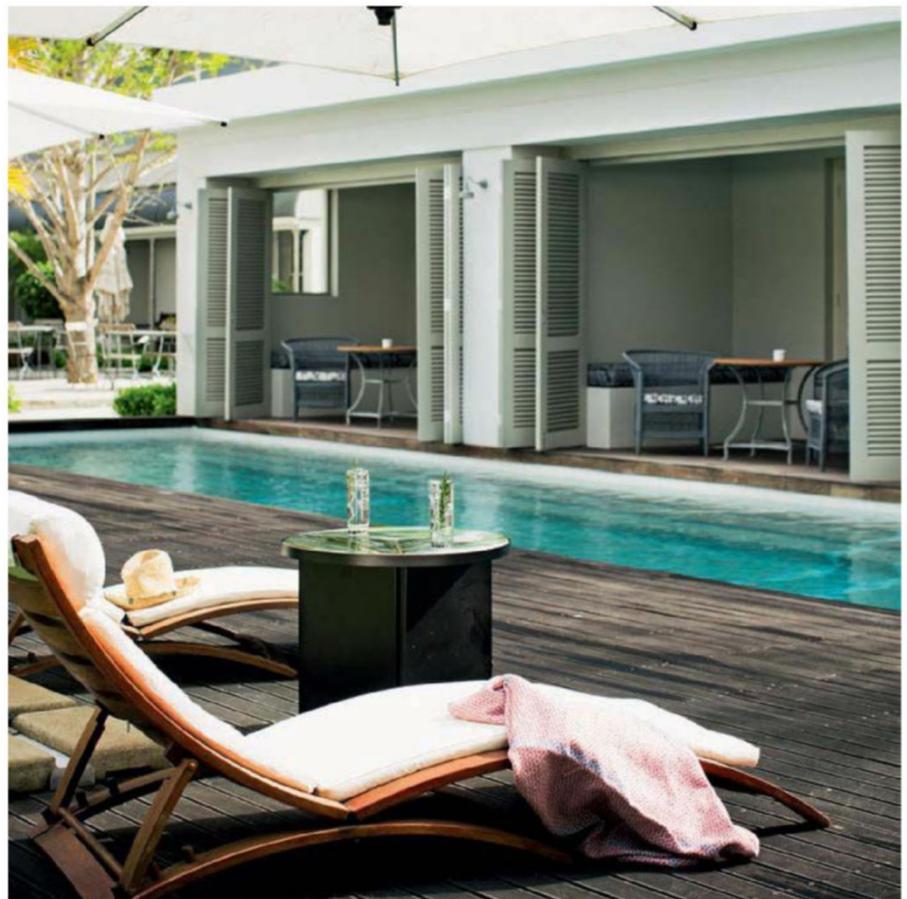
Then again, from the sun loungers next to the two blue pools to the cosy bedrooms bedecked in a calming earthy palette, there's no shortage of zones in which to relax. 'I love the EM bar,' says co-owner Abigail Rands of her favourite space. 'Each tile was hand-painted by [artist] Michael Chandler, and I smile every time I walk into the room.'

In early 2016, when Abigail was tasked with breathing new life into her family's beloved property, she immediately got on the phone with her childhood friend Sophie Ashby of the London-based Studio Ashby. 'Sophie is a bold and courageous designer,' says Abigail. 'I've always been inspired by her approach to texture, colour and space.'

For these two friends, updating the hotel meant bringing in some of the country's most visionary creatives as collaborators: for the dining room, architect and designer Renée Rossouw created a tapestry featuring an abstract depiction of the surrounding landscape; hanging above the tables are organically shaped lampshades moulded by ceramicist Lisa Firer; in each bedroom, an occasional chair by Bofred showcases distinctly local, hand-woven design; and throughout the hotel, you'll find intricately crafted bespoke upholstery and textiles by Alexis Barrell, as well as contemporary collections of art curated by Smith Studio. Even The Robertson Small Hotel's welcome guide, which – like the rest of the hotel's publications – was designed by Cape Town studio Hoick, is an exercise in cool restraint.

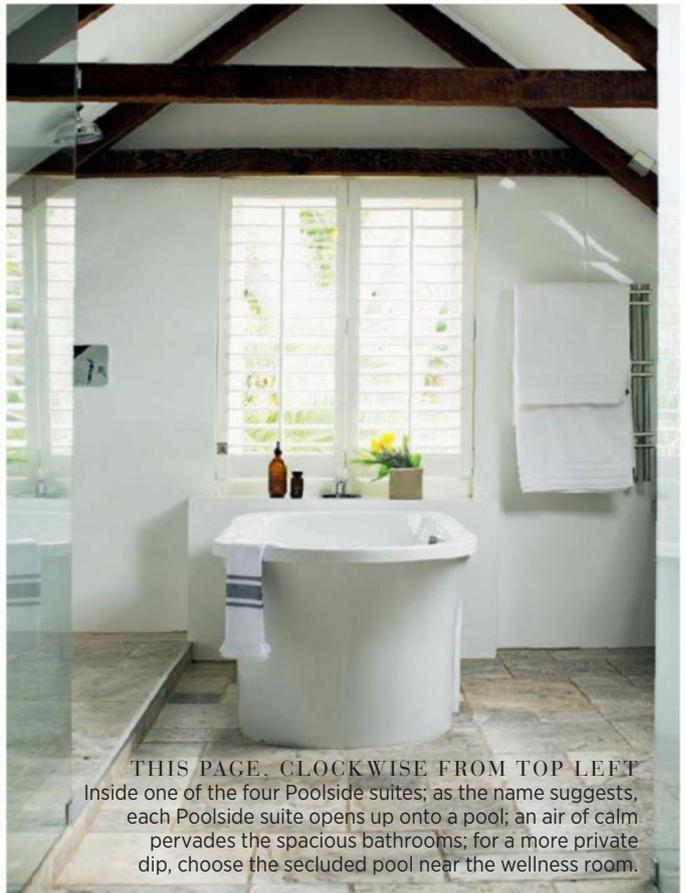
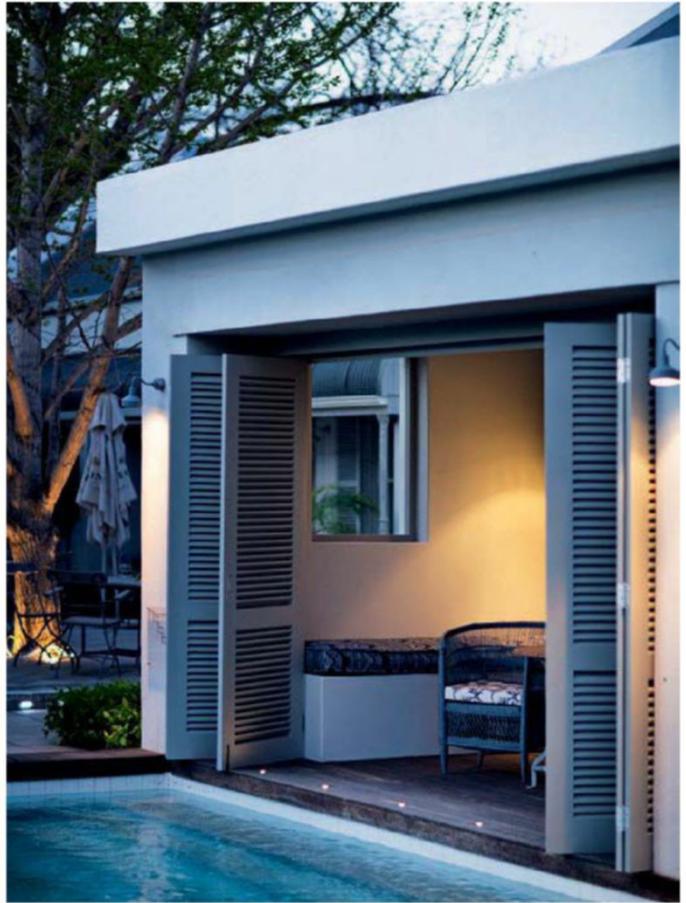
'This project was less about forming an identity than providing a canvas upon which South African creatives could express what The Robertson Small Hotel is all about,' says Hoick creative director, Dale Lawrence.

Inside the dining room, it's not just the design that tickles the senses. The ▶



THIS PAGE, FROM TOP

The poolside deck is a sun worshipper's dream; framed with broekielace awnings, this stoep offers serene garden views from the comfort of bespoke armchairs and locally designed furnishings.



THIS PAGE, CLOCKWISE FROM TOP LEFT
Inside one of the four Poolside suites; as the name suggests, each Poolside suite opens up onto a pool; an air of calm pervades the spacious bathrooms; for a more private dip, choose the secluded pool near the wellness room.



THIS PAGE, CLOCKWISE FROM TOP LEFT Line fish with brown butter, capers, tapenade potatoes and Swiss chard; in the EM Bar, the counter is inlaid with hand-painted tiles by Michael Chandler; an abstract tapestry by Renée Rossouw acts as a focal point in the dining room.



THE FARE IS MODERN AND ELEGANT WITHOUT BEING PRETENTIOUS.

fare is modern and elegant without being overly stuffy or pretentious. From pan-fried squid with romanesco purée and chilli oil, and bucatini with fennel, sultanas, anchovies and pine nuts, to char-grilled sirloin with chimichurri, it's all about fresh produce with European and South African influences. 'The principle of using great local and seasonal ingredients remains,' says Abigail. 'We met with local farmers and winemakers who were a great inspiration.'

For Abigail, one of the standout parts of this journey has been working with talent from the area. 'The curation of the project came naturally,' she explains. 'The golden thread that runs through it is working with people who have a fascination with the world.' therobertsonsmallhotel.com

FIND THE HOTEL'S RESIDENT HEAD CHEF TIAAN VAN GREUNEN'S RECIPE FOR WHIPPED FETA WITH CANDIED WALNUTS, ROASTED BEETROOT AND RYE BREAD CRISPS AT HOUSEANDLEISURE.CO.ZA



Bubble, bubble

Parktown North's popular Workshop 55 has launched a Miami-glam lounge bar next door called 55. To suit the intimate gilded space, owners Gary and Julie Soalheiro have sourced premium libations from unique estates, including local bubbly hero Le Lude, 18- and 12-year-old Japanese whisky Yamazaki, Louis Roederer Cristal from France and rare wines such as Sadie Family Columella. 55 7th Ave, Parktown North, Joburg; 011-442-6252. workshop55.co.za

Food & drinks news

COMPILED BY
ROBYN ALEXANDER
CONTRIBUTORS
RICHARD HOLMES,
KHOLEKA KUMALO
PHOTOGRAPHS
MELISSA DELPORT,
SARAH DE PINA,
SUPPLIED

BOTTOMS UP

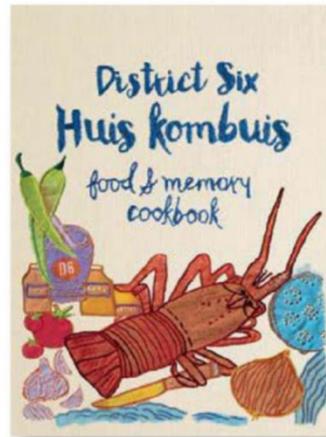
LOOKING FOR A NEW WATERING HOLE FOR POST-WORK DRINKS?

TRY THE ROOFTOP SKYBAR AT THE GREY HOTEL IN CAPE TOWN (49 NAPIER ST, DE WATERKANT; THEGREYHOTEL.CO.ZA/SKYBAR) OR SIN & TAXES IN JOBURG (CORNER OF BOLTON AND JAN SMUTS AVE, ROSEBANK; 010-900-4987).



NO PLACE LIKE HOME

A cookbook, historical document and living memorial to District Six, *District Six Huis Kombuis: Food & Memory Cookbook* (Quivertree Publications R385) is filled with inspiring stories, crafts and pictures from people who once lived in the area, as well as authentic recipes for homely classics such as smooersnoek and cabbage. quivertreepublications.com



Island style

Linden's latest restaurant and bar, the Caribbean-inspired Brian Lara Rum Eatery, has a limited menu – but what it does, it does well. Favourites include the rum barbecue ribs, flame-grilled rump steak and crab coconut curry – and unsurprisingly, they also make a mean piña colada. This, combined with kitsch-cool neon lights, vintage tasselled lampshades hanging from the ceiling and tropical plants galore, will keep you coming back for more. Take note: it's closed on Mondays and Tuesdays. 56 4th Ave, Linden, Joburg; 076-320-9739

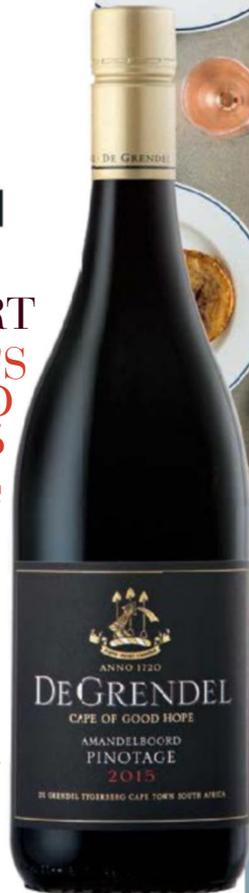


It's the sizzle

A witty take on the communal beer hall, the Sneaky Sausage serves up irresistible sausages crafted by Frankie Fenner Meat Merchants. Think bratwurst, bockwurst, knackwurst, chorizo and cheese grillers, plus a daily special and vegan options. First Floor, 84 Shortmarket St, Cape Town. thesneakysausage.com

**YOU'LL FIND SUPERB
SMALL PLATES AND
BREATHTAKING
VIEWS AT THE NEW
CHEFS WAREHOUSE
AT BEAU CONSTANTIA
WINE ESTATE. TO
RESERVE A TABLE,
CALL 021-794-8632.
BEAUCONSTANTIA.COM**

**RED ALERT
DE GRENDDEL'S
AMANDELBOARD
PINOTAGE 2015
IS ACCESSIBLE
AND ELEGANTLY
BALANCED, WITH
A CHERRY-PLUM
RED HUE AND AN
ENTICING SCENT.
DEGRENDDEL.
CO.ZA**



WASTE NOT, WANT NOT

Having worked alongside food icon Fergus Henderson at St John restaurant in London, where nose-to-tail eating became one of the food world's top trends, chef Giles Edwards and his brother James decided to open their own place in Cape Town during a road trip through the Kalahari in 2013. Fast-forward to early 2017 and their restaurant, La Tête, has just opened on Bree Street (of course). The menu changes daily according to what's fresh and available from their select list of local suppliers, and you can expect mouth-watering offerings like crispy pig's cheek with chicory and apple, perfectly cooked gurnard with Swiss chard, and the brightest egg-yellow crème brûlée ever. The wine list is excellent, the lunchtime fish sandwich is already a hit on Instagram and foodies just can't seem to get enough of this spot.

17 Bree St, Cape Town. latete.co.za

HOUSE AND LEISURE FIRST

SHOP THIS OFFER OFF THE PAGE AND SAVE R100

Be part of the **Snapscan** revolution – and save R100 – with this special shopping offer. From turmeric and ginger to sweet paprika and bay leaves, all contained in a birch-ply rack, The NOMU Cook's Collection Classic Filled Spice Rack contains nine of the most essential spices you need in the kitchen. It usually retails at R640 and is now available to *House and Leisure* readers at just **R540**, and what's more, you can order it immediately straight off this page.*



HOW TO ORDER

- 1 Download the **Snapscan** app from your app store.
- 2 Scan the icon (right) and pay using the app. Please fill in your address details to complete payment.
- 3 Your NOMU Cook's Collection Classic Filled Spice Rack will be delivered to your door within 2-4 days.



Snap here to pay



*Available while stocks last until 31 March 2017. Free nationwide shipping. Offer available only in South Africa

Drinks news

TEXT RICHARD HOLMES
PRODUCTION CHRIZANDA BOTHA
PHOTOGRAPH STEVE MARAIS

Q&A with BENOÎT GOUEZ

As *chef de cave* of Moët & Chandon, Benoît Gouez is charged with ensuring the wines of this acclaimed champagne house move with the times. While his ground-breaking Ice Impérial and fruit-driven Nectar Impérial Rosé are geared towards a more relaxed enjoyment of champagne, Benoît's latest creation – MCIII – is a prestige cuvée aimed squarely at connoisseurs.

Fifteen years in the making, the innovation in MCIII is in blending three 'stratums' of wine: Chardonnay and Pinot Noir aged in stainless steel, Grand Vintage still wines aged in oak and Grand Vintage champagnes aged in glass. The result? A remarkable, limited-release cuvée that's making waves in the world of fine champagne.

How do you balance both legacy and evolution at Moët & Chandon?

What makes Moët & Chandon unique in champagne is our ability to combine authenticity with being contemporary. Perhaps because I'm not originally from Champagne in France, I don't have the weight of tradition on my shoulders. I am always respectful of what has been done before but at the same time, I am convinced that evolution and innovation are needed. If you don't evolve, you die – it's that simple.

How is the spirit of Moët & Chandon captured in the new MCIII?

MCIII is about being respectful of our history and true to our style, but also

about producing something that is able to live in our time. There are three key dimensions in all Moët & Chandon wines: a bright fruitiness, a seductive and generous palate, and an elegant maturity. In MCIII, the stainless steel promotes fruitiness, while the wines aged in oak deliver texture and secondary characteristics. The wine from bottles in the cellar brings a darker, reductive character to MCIII.

The bottle itself is striking. What was the thought process behind its design?

The packaging is inspired by metal, wood and glass – the three universes of ageing champagne. It's quite disruptive, as it resembles something from the world of premium spirits or perfumes. However, it wasn't designed to recruit new consumers to the category but rather to reinforce our wine credentials among wine and champagne lovers.

How is MCIII best enjoyed?

You need to have the right glassware, and MCIII is not champagne for a narrow flute. I like to drink it from a wide Bordeaux glass, because its complexity and texture are best revealed in a larger glass. With food there are so many possibilities for pairings, and I can even imagine having MCIII with a cigar after dinner. ◻

Moët & Chandon MCIII is available in limited quantities and only at select retailers. Email Xolani Mancotywa at xolani@rgbc.co.za for personal orders.



SHOT AT SMITH GALLERY IN CAPE TOWN



Wasao

Romendo

Polasso

Elixir

Upstreet

Tamara



For a full range of fittings visit us online at www.eurolux.co.za and follow us on social media



Cape Town (Head Office):
 9 Racecourse Road,
 Milnerton, 7441
 Tel: +27 (0) 21 528 8400
 Email: info@eurolux.co.za

www.eurolux.co.za

Johannesburg:
 10 Milkyway Avenue, Linbro
 Business Park, Sandton, 2065
 Tel: +27 (0) 11 608 2970
 Email: jhb@eurolux.co.za





THE ART OF COOKING



AN ARTIST'S ATELIER IN CAPE TOWN'S WOODSTOCK IS ALSO HOME TO MAIA DU PLESSIS' COOKING STUDIO, WHERE SHE DREAMS UP MEDITERRANEAN-INSPIRED DISHES IN A SPACE FULL OF LOCAL ARTWORKS

TEXT LORI COHEN/BUREAUX.CO.ZA RECIPES AND PRODUCTION
MAIA DU PLESSIS STYLING SVEN ALBERDING/BUREAUX.CO.ZA
PHOTOGRAPHS WARREN HEATH/BUREAUX.CO.ZA

THIS PAGE, CLOCKWISE FROM TOP LEFT
Black rolls; Maia's husband, sculptor Otto du Plessis; hummus with olive oil sourced from Greece; char-grilled brinjal with Greek yoghurt and gochujang (a Korean spice paste).

OPPOSITE PAGE
Maia's friend Jessica Gamsu in front of artwork by Cape Town sculptor and satirical artist Jop Kunneke.



I don't call myself a chef because I don't have any formal training,' says Maia du Plessis, who offers supper-club experiences from her Woodstock space. 'I didn't plan to go into catering but I was raised by a Greek mother, so I was always surrounded by food.'

With a background in fashion and food styling, Maia worked more recently in menu development and consulting. But when her husband Otto du Plessis, a sculptor and the owner of Bronze Age art foundry, bought the studio in 2014, her dream of creating a place for people to experience food was born.

Now home to her catering company Provisions, the studio is a family affair. Otto's atelier flanks Maia's kitchen; her brother-in-law, artist Jop Kunneke, works from another space, as do artists Charles Haupt, Stanislaw Trzebinski and a moveable feast of others.

Her kitchen is the heart of this collection of creatives. While Maia nourishes them, they feed her love of art with exposure to their creations, which are hung in the kitchen and dining area. 'I host lunches, dinners, brainstorming sessions or whatever clients need,' she says. 'The art is always changing and the space is always evolving.'

provisionsfoodevents@gmail.com

'BLOODY' NEGRONI

equal parts vermouth, gin and Campari
freshly squeezed blood-orange juice

Combine the vermouth, gin and Campari, pour over ice and top with freshly squeezed blood-orange juice.

BLACK ROLLS

inspired by Morito in London

600ml tepid water
2T squid ink
750g white bread flour
1t (heaped) dried yeast
1t sugar
black sesame seeds

Preheat oven to 200°C. Place all ingredients in a mixer with a dough hook. Combine and knead for 5 minutes. Rest for 5 minutes, then knead for a further 3 minutes. Cover the dough and rest in the fridge for 1-2 hours.

Line two baking trays with baking paper. Pinch off tablespoon-sized pieces of dough, shape into rounds and place on trays. Rest for 30 minutes. Sprinkle with sesame seeds and bake for 10-12 minutes. **MAKES 16 ROLLS**

HUMMUS

400g tin of chickpeas,
drained and rinsed
2T tahini
juice of 1 lemon
4T extra-virgin olive oil, plus extra
for serving
Maldon salt and black pepper
dukkah, for serving

Blend all of the ingredients with a hand-held blender or in a food processor. If the mixture is too thick, add a little ice-cold water. Check the seasoning and adjust as needed.

Drizzle with olive oil and sprinkle with dukkah to serve. **SERVES 6**

SPINACH AND RICOTTA MALFATTI

For the malfatti

500g baby spinach leaves,
washed and dried
250g ricotta
40g cake flour
1 large egg, beaten
125g Parmesan (or Grana Padano or other
hard cheese), grated, plus extra for serving
salt and pepper
200g semolina flour

For the sage-butter sauce

100g butter
fresh sage (about 20 leaves)
half a lemon ▷





THIS PAGE
Maia's guests (clockwise, from left)
Laurence Brick, Jessica Gamsu,
Otto du Plessis and Trevyn and
Julian McGowan seated around
a Gregor Jenkin Plyable table. The
light is by Charles Haupt for Bronze
Age and the artworks, from left,
are by Catherine van der Merwe
and Stanislaw Trzebinski.

OPPOSITE PAGE
Spinach and ricotta malfatti.

LEISURE food

Cook the spinach in a deep pan over medium heat for 2-3 minutes until wilted. Drain and squeeze out all moisture. Set aside to cool.

In a large bowl, combine the ricotta and flour. Add the spinach, egg, grated cheese and seasoning, and stir well.

On a surface floured with semolina, roll the mixture into 25 teaspoon-sized balls.

Bring a pan of water to the boil, add the malfatti and simmer for 2-3 minutes – they will float to the surface when they're cooked. Drain and keep warm in the pan.

To make the sage-butter sauce, melt the butter in a small frying pan and gently fry the sage leaves until they're crispy and the butter is brown. Squeeze lemon juice over.

To serve, plate the malfatti, drizzle with sage-butter sauce and sprinkle with the extra Parmesan. **SERVES 6-8**



BEEF FILLET WITH TONNATO SAUCE

For the fillet

800g-1kg fillet of beef
olive oil
salt and black pepper

For the tonnato sauce

1 tin (170g) solid tuna in oil
200ml sour cream
1T whole-grain mustard
1T capers
juice of half a lemon
salt and black pepper
rocket leaves, to garnish

Rub the fillet with olive oil and season with salt and pepper. Sear in a very hot griddle pan or over coals, cooking it for a few minutes on each side until medium rare. Remove from heat, wrap tightly in foil and allow to rest.

To make the tonnato sauce, combine all the ingredients in a blender and process until smooth. Season to taste.

To serve, slice the beef thinly and place on a platter garnished with rocket. Spoon the sauce over. Best served at room temperature.

SERVES 6-8



THIS PAGE, CLOCKWISE

FROM TOP LEFT

Char-grilled red and yellow peppers with pine nuts and kefalotyri cheese; a 'bloody' negroni cocktail; beef fillet with tonnato sauce.

OPPOSITE PAGE, CLOCKWISE

FROM TOP LEFT

Honey semifreddo with Italian meringue; mini toffee apples in the making; design expert Trevyn McGowan.

HONEY SEMIFREDDO WITH ITALIAN MERINGUE

For the semifreddo

1 large egg
4 large egg yolks
100g best-quality honey
300ml cream

For the Italian meringue

200g caster sugar
200ml cold water
5 egg whites
a pinch of cream of tartar

For the toffee-apple topping

100g sugar
1 tin (400g) mini apples
a handful of walnuts, crushed

Line a loaf tin with clingfilm, leaving an overlap to fold over the top of the semifreddo.

Over a saucepan of gently simmering water, beat the egg, egg yolks and honey in a bowl until the mixture is pale and thick. Whip the cream until thick and fold it into the egg and honey mixture. Pour into the loaf tin, cover with the clingfilm and freeze for 2-3 hours.

To make the meringue, combine the sugar and water in a small saucepan over high heat. Bring to the boil, stirring with a wooden spoon until sugar dissolves. Reduce heat to medium and brush down the sides of the saucepan with a pastry brush dipped in water to prevent sugar crystals from forming. Remove from heat and allow to cool down to 121°C.

Meanwhile, beat the egg whites with the cream of tartar in the bowl of an electric mixer fitted with a whisk until soft peaks form.

Once the sugar syrup reaches 121°C, increase the mixer speed to high and pour the hot syrup into the egg mixture in a steady stream. When the syrup is incorporated, lower speed to medium and continue to beat meringue until it cools to room temperature, becoming thick and glossy (15-20 minutes).

To make the toffee-apple topping, heat the sugar in a saucepan over medium heat, stirring until it turns light brown. Pour the toffee onto a silicone mat. Dip the apples in the toffee, then roll them in the crushed walnuts. Add leftover nuts to the remaining toffee and break into shards once it has set.

To serve, tip the semifreddo out of the tin and remove the clingfilm. Cut into shapes. Pipe some meringue onto each serving and use a blowtorch to caramelise the peaks. Top with the toffee apples and shards of toffee.

SERVES 6-8 ◻





SPICE WORLD

AROUND THE WORLD,
CUISINE FROM THE
subcontinent IS GETTING
SOME *seriously creative*
treatment. WE TAKE
A LOOK AT TWO
RESTAURANTS THAT
ARE *pioneering* A NEW
CHAPTER IN *Indian food*
in South Africa

Despite common misconceptions, there is really no such thing as 'Indian food'. Rather, the huge geographical area that now makes up the country named India boasts an enormous variety of regional sub-cuisines – there are probably close to 40 different 'Indian' cuisines, which vary widely from one place to another.

Overall, the cuisines of the subcontinent are ancient ones and their regional development first made huge strides during northern India's 'Golden Age' (between the 4th and 6th centuries), an era that was characterised by openness to both scientific and artistic pursuits. This, in turn, attracted travellers from elsewhere in the world, and these cross-border interactions introduced new cooking methods and produce to India – including the arrival of tea.

Fast-forward to today and food from India is once again enjoying an epicurean boom – this time, both on the subcontinent and elsewhere in the world. Top chefs are embracing a newfound freedom to go beyond creating 'authentic' food, and the result is a new way of showcasing the classics while simultaneously innovating and exploring the possibilities offered by this area's diverse cuisines.

This trend has most definitely arrived in South Africa and in Cape Town in particular, with the recent openings of hotly anticipated contemporary Indian restaurants Marigold and Thali. With gorgeous, original food and polished, Instagram-friendly decor, these are the places to explore 'the new Indian'.

TEXT SETH SHEZI PRODUCTION CHRIZANDA BOTHA
PHOTOGRAPHS CLAIRE GUNN



BLOOMING DELICIOUS

The marigold flower has a long and deep significance in Indian tradition and Marigold Authentic Indian restaurant, which recently opened in Franschhoek, is likely to be embraced by this food-obsessed town with a similar amount of fervour. Marigold is the latest addition to the luxurious Leeu Collection and for proud owner Analjit Singh, Franschhoek's first classic Indian restaurant is a personally symbolic addition.

Situated opposite sister property Leeu House, Marigold is a vibrant, contemporary space featuring exposed brick and warm timber floors. With patterned African fabrics, striking geometric wallpaper and earthy orange and amber touches, the decor conjures up a scene straight out of an Indian

flower market. The outside seating leads onto Heritage Square where a Jop Kunneke sculpture of a lion stands in honour of Mr Singh – very appropriate indeed given that 'singh' means 'lion' in Sanskrit.

Marigold's seasoned head chef, Vanie Padayachee, has designed a menu of small plates that is sure to delight. Featuring flavours inspired by aromatic north Indian cuisine, it's all about fragrant curries, heady biryanis and succulent meat dishes cooked in a charcoal tandoor. Served on large silver trays, the curries are rich in complexity and range from vegetarian options to slow-cooked lamb, but the uncontested pièce de résistance is the perfect butter chicken. Chef Vanie travelled to India to source the special recipe she uses, the product of

which is a tender, tart and smoky chicken that is sure to remain emblazoned in our gourmand memory. ▷

Find Marigold at 9 Huguenot Rd, Franschhoek; 021-876-8970.

marigoldfranschhoek.com;
@marigoldleeu

THIS PAGE, CLOCKWISE
FROM TOP LEFT

Marigold in Franschhoek has a modern interior accented with warm tones and wood furniture; a tandoor-baked pineapple and saffron crumble with coconut and fennel-seed kulfis; basmati rice served in a handmade copper pot.

OPPOSITE PAGE, FROM LEFT

Palak chaat; head chef Vanie Padayachee; golgappa and tamarind pani balls.



IN INDIAN, BENGALI AND NEPALESE CUISINE, A THALI IS A ROUND PLATTER USED TO SERVE A VARIETY OF DISHES.

TRAY CHIC

Thali is an Indian tapas-style eatery created by culinary master Liam Tomlin, of Chefs Warehouse fame, in partnership with Dimo Papachristodoulou, the man behind Fat Cactus and Long Street Cafe.

On a balmy summer's night, nothing beats the rear deck overlooking the garden, which has been transformed into a Delhi summer fantasy with lush plants, colourful hanging lights and garlands. After sampling Indian-inspired cocktails, such as cardamom sours, chilli martinis and lassies, take a moment to revel in the decor: it's a pared-down take on Wes Anderson's aesthetic in *The Darjeeling Limited* complete with walls clad in birdcage wallpaper, parrot nests and an open kitchen.

Liam has roped in his protégé at Chefs Warehouse, John van Zyl, who was also part of the winning team that opened Angelo Scirocco's Urbanologi in Johannesburg last year, to head up the kitchen. According to John, 'Thali is a celebration of Indian heritage, but we don't aim to replicate dishes in their current form. Rather, we do our own interpretation and add to the flavour profiles to create something slightly different, progressive and unexpected.'

So there are kebabs, kulchas and dal aplenty but all with twinkling twists. Says Liam, 'When Jan [Liam's wife and business partner] and I arrived in Delhi, we couldn't believe the vibrancy. It's a feast for the senses – and also an assault on the senses. You just



don't know what to take in.' It is this bombardment of stimuli that inspired the restaurant's name, and this visit to India also sparked the idea to focus on a thali style of serving.

In Indian, Bengali and Nepalese cuisine, a thali is a round platter used to serve a variety of dishes. Traditionally, a thali should include sweet, salty, bitter, sour, astringent and spicy flavours on a single platter. At Thali, Liam has taken the idea and married it with the way tapas dishes are served at his successful Chefs Warehouse branch on Bree Street.

Before the tapas starts rolling in, we recommend sampling the Cape Malay oysters, whose aromatic garnish brings an element of surprise to your palate. Currently, these are followed by dishes featuring a selection of white meats: think melt-in-your-mouth curried slivers of kingklip and a succulent chicken kebab from the tandoor that's so tender it'll restore all faith in traditional cooking methods.

The vegetarian dishes range from aloo jeera (potatoes with cumin seeds) and plates of cauliflower prepared three ways to cleverly concocted dals that have been singled as standout dishes by both vegetarians and meat-eaters alike. Chilli is served as a condiment to offer diners the pleasure of determining how spicy their dishes should be.

The ever-changing menu sticks to a mandate of always indulging guests, exciting the palate and incorporating Indian flavours. Our favourite sweet treat is the cardamom-infused lemon posset – a winning blend of classic French posset with cardamom, an intensely aromatic and resinous spice that is typically redolent of India. ☐

Find Thali at 3 Park Rd, Gardens, Cape Town; 021-286-2110.

@thali_capetown

THIS PAGE, CLOCKWISE FROM TOP LEFT

A Lanique cocktail at Thali in Gardens; the open-air courtyard; vegetarian offerings include naan bread and cauliflower done three ways.

OPPOSITE PAGE, CLOCKWISE FROM TOP LEFT

Cape Malay oysters; the interior featuring pieces sourced in India; tapas for two; smoky tandoor chicken.



DISCOVER WHERE TOP CAPE TOWN CHEFS BUY THEIR SPICES AND WHICH ONES YOU NEED IN YOUR KITCHEN AT HOUSEANDLEISURE.CO.ZA





MEDITERRANEAN *dream*

Be inspired by Ca'n Busquera's gorgeous garden and courtyard in Mallorca, Spain, and turn your outdoor space into a tranquil, low-maintenance retreat

TEXT LULU ELLIOTT STYLING TILLE DEL NEGRO
PHOTOGRAPHS GREG COX/BUREAUX.CO.ZA, SUPPLIED

The look and feel of a classic Mediterranean courtyard garden is all about orderliness in the midst of spontaneity. These courtyards are practical and low-maintenance, make use of local stone and rock in their landscaping, and adopt a 'tough love' approach when it comes to plants. The mood is relaxed and functional as the space is largely designed for alfresco dining and entertaining.

LEVEL BEST

A sizeable, level courtyard area such as this one can be challenging. Aim to balance its scale and proportion with the height of the house. Vertical elements such as trees present exciting opportunities for punctuation points in a large, open space

and provide a leafy counterpoint to the high boundary walls that are so often a given in an urban context.

Here, windows, shutters and multilevel roofing create aesthetic appeal, while surface detailing helps define the space. Not only does the change in texture from smooth to pebbled treatments on the ground add visual interest, but it also cleverly delineates areas, differentiating high-traffic sections from tranquil nooks.

GROUND RULES

Lawns and plants are secondary to hard landscaping in a courtyard garden, so ensure that your stone and concrete work is of a high standard. It's not always easy to achieve a naturally worn look, and there's a fine line between rustic and rough, so go

with reputable contractors and artisans, especially for larger courtyard gardens. And in smaller courtyard spaces, beware of introducing too many finishes: the experts say you should use no more than two. Contact a South African quarry or stone company for local wall and flooring alternatives including sandstone and slate.

Keeping the colour palette neutral and tones muted gives you more room to play when selecting soft furnishings and fabrics. Built-in planters, tables and benches in a combination of local stone and textured concrete will help add contrast to the space as well as act as focal points.

Curved lines are a good way to introduce movement: get the effect seen here with organically shaped planting beds cut directly into the surface concrete. ▶



LOOSE GRAVEL OR PEBBLES WILL NEED TO BE 'CONTAINED' WITH A BOUNDARY OF SORTS; THIS COULD BE A BRICKWORK EDGE OR WOODEN BORDER. ENSURE THAT THIS IS IN PLACE BEFORE LAYING THE GRAVEL OR PEBBLES.

Pebbles R50-R60/20kg bag,
Pebbles For Africa.

URBAN OASIS

Water is a vital element in any courtyard garden and you will almost always find some kind of water feature, swimming pool – or both – somewhere in a Mediterranean courtyard. In this garden, the pool and generous coping form a centrepiece for the space, and the outdoor shower (right) is an indulgent way of freshening up while connecting to the natural world.

Fragrant climbers on the surrounding stone walls combine with evergreen, big-leaved species such as delicious monsters and palms to create a real sense of lush privacy. These, coupled with the presence of water and fruit trees, make it easy to feel as though you're in your very own oasis.

THE BIG PICTURE

When it comes to pots and planters, don't be afraid to go large. Award-winning landscape designer Cleve West says, 'People are often timid about placing big forms in gardens, but the scale and volume of these pieces add drama and contrast beautifully with

A RANGE OF STONE WATER FEATURES AND BESPOKE SPOUTS FOR WATER TROUGHS AND FOUNTAINS (WHICH CAN BE CUSTOMISED TO YOUR REQUIREMENTS), IS AVAILABLE FROM PLASTER ART.



AS FOR THE STYLE AND STRUCTURE OF YOUR POTS, VARY THEIR SIZE AND HEIGHT BUT STICK TO ONE LOOK AND SHAPE.

surrounding informal planting.' Even in smaller gardens, overscaled pots have an amazing effect of expanding space, especially when cleverly chosen and positioned. If solo feature pots are not your thing and your courtyard allows it, opt for groupings to create added impact.

As for the style and structure of your pots, vary their size and height but stick to one look and shape. As a general rule, circular pots are considered more suited to working in groups. 'Using repetitive

forms is one of the simplest tricks to make a garden feel more harmonious,' says Cleve.

There are many benefits to planting in pots; the first is that they are mobile and convenient to water with a watering can. This means that despite possible water restrictions (both future and current), you'll have beautiful adaptable greenery at your fingertips. The soil in pots does dry out quicker than the earth though, so plant drought-tolerant species or start recycling your grey water from your shower or bath.



COVER UP

Pergolas create pockets of intimacy and much-needed shady zones for alfresco dining. Common materials include timber, brick, metal and reclaimed wood, and a variety of rustic timber options for pergolas similar to the one seen below are available from The Pole Yard in Cape Town and Northern Poles in Pretoria.

To soften and create extra shade, add hardy climbers that will thrive despite sun and wind exposure and still achieve the height required to reach overhead. Evergreen ivy (as used on the pergola here) is a robust choice, although it has a tendency to get woody if left unchecked, so keep it pruned once it starts to look untidy.

Other excellent climbing options for pergolas include ornamental or edible grapevines, wisteria, scented jasmine or roses. Underplant these with herbs such as thyme, oreganum, sage or rosemary – these edibles are perfect planted alongside a dining area and will protect the exposed soil at the base of your pergola. For climbing roses, ‘Renaë’ or ‘Towering Rose Magic’, both from Ludwig’s Roses, thrive on tough love and smell glorious. **For details of stockists mentioned here, see the stockists page**

YOUR SHOPPING GUIDE



FOR MORE COURTYARD-LIVING SHOPPING IDEAS, GO TO HOUSEANDLEISURE.CO.ZA



PLANTS, CLOCKWISE FROM TOP LEFT

Olive trees, wisteria, bay tree and orange tree, all available from your local nursery.

ABOVE, FROM LEFT

Mediterranean vase **planters** (medium) from R2 171 each, both Classic Stone Designs; White Crush **gravel** R140/20kg and Tiger’s Eye **pebble mix** R120/20kg, both Pebbles For Africa; brass **lantern** R595, Weylandts.





A GUIDE TO **MEXICO** *CITY*

IF YOU APPRECIATE
A *gritty city* AND ALL
OF ITS OFFERINGS,
delve deeper AND
VISIT THE 2018 *design*
capital of the world

TEXT MARY HOLLAND
PHOTOGRAPHS
STEPHANIE VELDMAN



Densely populated Mexico City has never been the country's biggest draw card.

Tourists would rather guzzle tequila and tuck into tacos while watching the turquoise ocean lap the shores of one of the beautiful coastal towns, but many of these places offer a Westernised version of Mexico – one that's foreign even to Mexicans.

Sprawling, chaotic and unapologetic in its rawness, Mexico City is permeated with a palpable energy. With its Jozi-like landscape and Capetonian pace, the city is one of contrasts: quiet enclaves with pastel-coloured buildings, courtyards and leafy parks wedged between congested highways and towering corporate buildings. Find yourself in a sleepy tree-lined street among old mansions and it's hard to believe that you're in one of the busiest cities in the world.

There's also no end to Mexico City's history, culture, food and design (it's the World Design Capital for 2018), which attract globetrotters from far and wide. You need only to spend a day getting lost in the trendy Roma district or the ancient Centro Histórico to discover just how compelling this dynamic place is.

SLEEP

DOWNTOWN MÉXICO

Located in the historic centre, Design Hotels' Downtown México is a refurbished 17th-century building that is one of the coolest and most affordable in the city. There are 17 smartly designed rooms and suites with brick-laid ceilings and rough finishes. Centred around a vibey courtyard with a restaurant and a number of shops, the hotel area is always buzzing. This is especially true on the rooftop terrace, which has a pool and bar with unrivalled views of the city. downtownmexico.com

OPPOSITE PAGE, FROM LEFT
The breakfast area at Downtown México in Mexico City combines vaulted ceilings and exposed brickwork with relaxed seating and black-and-white tiles.

HOTEL CARLOTA

This glass-fronted, high-design hotel is one of the newest and most stylish additions to the city. There are 36 simple, industrial rooms and suites created in collaboration with local Mexican designers who use elemental materials such as wood, glass, marble and concrete. The swimming area, with its bright blue lap pool, restaurant and bar, is the central point of the hotel. Rooms looking onto the courtyard can get noisy, so check into one of the suites that face outward.

hotelcarlota.com

EAT

LALO!

The doors to one of the city's most colourful breakfast spots open at 7am, with hip locals flooding in until closing time. Diners can pick up takeaway coffees from the hatch or grab a seat at the long sharing-style table and tuck into an array of breakfast dishes, including pan dulce (sweet bread made in the on-site bakery) and their signature huevos rancheros (eggs served with green salsa and ant eggs). Known as escamoles, ant eggs are a Mexican delicacy, and if there's a place to try them for the first time, it's at Lalo!

eat-lalo.com

CONTRAMAR

At Contramar, long, lazy lunches are a speciality. Platters of seafood and baskets of fresh tacos crowd tables covered with freshly pressed white linen at this lively joint. Any kind of fish on the menu is bound to be good but the prawns, fresh tuna and red snapper with salsa are the highlights. Roll these into freshly pounded tacos and wash them down with a Modelo Especial beer or mescal, and for a minute you might think you're at the coast.

contramar.com.mx

QUINTONIL

Ranked number 12 on The World's 50 Best Restaurants list, Quintonil is helmed by Jorge Vallejo – the protégé of Mexico's renowned chef Enrique Olvera. The cool, dark restaurant is lined with wood and filled with elegant tables and chairs. Diners can expect vegetable-driven dishes, such as cactus with beetroot and seaweed, and charred avocado with escamoles, all made with Mexico's simplest, finest ingredients.

quintonil.com ▶



LARDO

Located on a sunny corner in Condesa neighbourhood, Lardo is the second restaurant from Elena Reygadas of the renowned Rosetta bakery. A seat at the bar – where you can watch the chefs whip up Mediterranean dishes – is one of the most coveted in the city. Go in the morning when the sun streams through the floor-to-ceiling windows, or in the early evening, as day turns into night. lardo.mx

ENO

The brainchild of superstar chef Enrique Olvera of Pujol, Eno is an easy-going breakfast and lunch spot that draws a trendy local crowd. There are a few Eno locations in the city, each of which serves a killer breakfast of chilaquiles or quesadillas. eno.com.mx



DRINK

CHAPULÍN

It's not often that a hotel restaurant manages to attract diners beyond its guests, but Chapulín's appealing interior does just that. Set among towering trees, its wood and glass details put it at the top of every design lover's list. Go to experience the treehouse space, and stay for the cocktails, such as the most refreshing drink on the menu: the la sandia, a blend of mescal, fresh watermelon juice, ginger, lemon and grenadine. chapulin.rest

ROMITA COMEDOR

Housed in a 19th-century building, this bright and airy eatery resembles a greenhouse. Floor-to-ceiling windows allow sunlight to flood through the restaurant and help lush plants creep up the walls on all sides. For the perfect afternoon tippie, order a clamato preparado: a tomato cocktail rimmed with lime and a spicy, sour, salty concoction called Tajín. For an extra kick, top it up with beer and make your own michelada. facebook.com/RomitaComedor/



SHOP

ONORA

Shop for items by local artisans from one of Mexico's most beautifully curated homeware stores. At Onora, located in the Polanco district, there's no shortage of carefully crafted products filling the cool space: woven palm-leaf baskets from Oaxaca (a region known for its traditional basket weavers), table runners, cushion covers and hand-woven throws. onoracasa.com

taxonomía | del griego *taxís*, 'ordenamiento' y *nomos*, 'n

La clasificación de plantas, animales, objetos y lugares ha sido de nuestra especie una de las actividades que nos han distinguido de los seres vivos que habitan este planeta.

El pensamiento utilizado como herramienta para lograr entender el contexto en el que estamos inmersos, el ordenamiento del conocimiento material e inmaterial que esto genera, es el in

Proponemos una clasificación alterna, dinámica y cambiante nacional, buscando con esto difundir y hacer accesibles los objetos de observación destacan y proponen evolución y crecimiento



LEISURE travel

GAIA DESIGN

If you're after forward-thinking locally designed furniture, head to Gaia Design, which sells everything from couches and accessories to desks and lighting. This lifestyle store is a minimalistic space showcasing a selection of merchandise that can be ordered online or purchased in store. If you're keen to buy something that will fit in your hand luggage, you can pick up smaller items such as cushion covers, place mats and cleverly designed office pieces. gaiadesign.com.mx

TAXONOMÍA

Inside this bright and airy space, shoppers can browse locally made jewellery and fashion. Located at Hotel Carlota, the shop is as stylish as the hotel, and stocks leather bags and shoes as well as all of the body products that are offered in the rooms. taxonomia.mx

YAKAMPOT

This Mexico City clothing label sells elegant womenswear by local designer Francisco Cancino off the ritzy Avenida Presidente Masaryk. Fashion enthusiasts can expect simple, sleek designs in muted hues, made by artisans from around the country. yakampot.com

MERCADO DE COYOACÁN

This is as authentic as Mexican markets get. Mercado de Coyoacán's winding alleys are packed with stalls selling items such as fabrics, mole and churros. Good purchases include affordable baskets available in every shape, colour and size, some of which are made in Oaxaca.

SEE

THE FRIDA KAHLO MUSEUM

The blue exterior of Frida Kahlo's Casa Azul in Mexico City's charming Coyoacán neighbourhood is unmistakable. It's the place that one of Mexico's most prolific artists called home for most of her life – the house where she was born and died. Although there isn't a large collection of her artworks on display, wandering through the rooms where Frida produced much of her work is an inspiring, insightful experience. museofridakahlo.org.mx

MUSEO SOUMAYA

This museum is one of the most impressive buildings in the city. Designed by Mexican architect Fernando Romero, the gleaming silver structure stands tall and strong in the affluent Polanco district. It is open to the public, includes a restaurant and houses more than 66 000 privately owned artworks ranging from pieces by Auguste Rodin and Salvador Dalí to Mexico's own Diego Rivera. Inside, the building has a similar architecture to that of New York's famed Guggenheim Museum, with ramps that wind all the way up to the top floor. soumaya.com.mx □

FIND YOURSELF IN A SLEEPY tree-lined street AMONG old mansions AND IT'S HARD TO BELIEVE YOU'RE IN ONE OF THE busiest cities IN THE WORLD.

OPPOSITE PAGE, CLOCKWISE FROM TOP LEFT

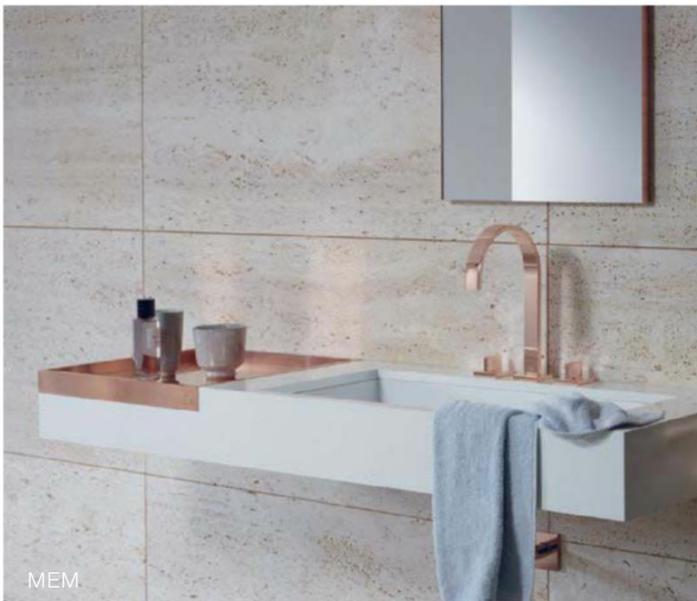
The striking anvil-shaped Museo Soumaya; Romita Comedor is a charming conservatory-style eatery; an intricate chandelier (above) and an unusual mural (below) draw the eye in Downtown México; a refreshing cocktail mixed with Chapulín's house mescal; the stylish upstairs restaurant of Hotel Carlota is finished in wood and concrete.

ABOVE, FROM LEFT

Trinkets and homeware on offer at Taxonomía at Hotel Carlota (left and middle); Hotel Carlota's minimalist rooms and suites feature an elegant mixture of materials, textures and accessories.

DORNBRACHT

The Bathroom Collection



www.dornbracht.com

FLUSH 
THE BATHROOM EXPERTS

37 Paarden Eiland Rd, Cape Town - Tel: 021 5117888 - E-mail: info@flushbathrooms.co.za - www.flushbathrooms.co.za

FOCUS

BATHROOMS

go blissful (P114),

KITCHENS ARE

INDUSTRIAL (P120)

and bedrooms

FEEL LUXE (P121).

Just add

SOLUTIONS FOR

KIDS' ROOMS (P124)

and you're

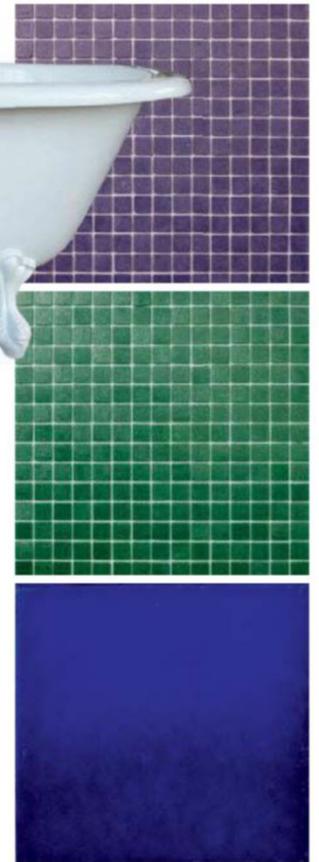
SORTED

blissful BATHROOMS

Take your bathroom from purely functional to downright dreamy with our roundup of the latest trends

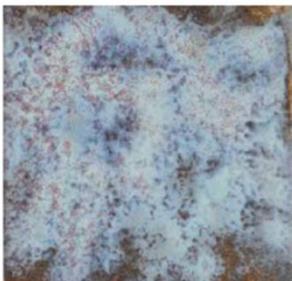
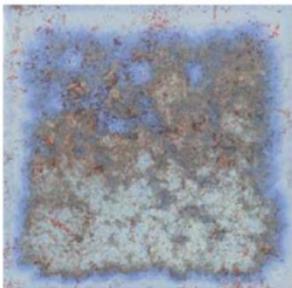
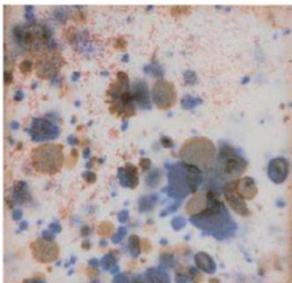
PRODUCTION BY **SANRI PIENAAR**
PHOTOGRAPHS **SUPPLIED**





**BLUE
NOTE**

A favourite colour palette for bathrooms right now, moody blues get a fresh lift with brass accents and rounded shapes.

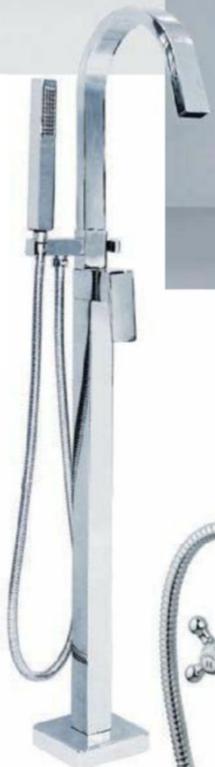


THIS PAGE, CLOCKWISE FROM TOP LEFT Gubi Multi-Lite **pendants** in Brass and Blue and Brass and Black R11 455 each, Créma Design; Classique **bath** on Victorian feet from R14 800, Victorian Bathrooms; Italia Firenze **glass mosaic tile** in Viola and Verde Di Foglia both R141/sheet (322×322mm) and **ceramic tile** in Victorian Blue Gloss from the City collection R12 each (100×100mm), all Douglas Jones; Bullit **vases** in Aqua and Brass and Amber and Brass R1 100 each, La Grange Interiors; Fukasawa tall **basin mixer** in Gun Metal by Naoto Fukasawa for Fantini R27 613, Lavo Bathroom Concepts; Recer **glazed ceramic tiles** from the True collection all R585/m² (200×200mm), Ferreiras Tile + Bathroom; round magnifying **mirror** R1 250, Bathroom Bizarre; marble **candleholders** in Black and Green R450 each, Mezzanine.



WHITE NOISE

The white-on-white trend has lost its sterile feel thanks to glass elements, marble finishes and light grey touches.



THIS PAGE, CLOCKWISE FROM TOP RIGHT Jee-O Soho **shower mixer** in Hammercoat Black R44 900, Dado Baths; Laufen Living City wall-hung **basin** with shelf R7 900, Italtile; The Frank **mirror** R7 500, Damn Good Looking; felt **storage basket** R199, H&M; Tivoli Roma Elite **bath mixer** R1 999, Italtile; Borsa free-standing **bath spout** R7 000 and Arezzo Perla **porcelain tile** in Light Grey R626/m², both WOMAG; African blue **slate tile** R150/m², Tile Africa; My Dear Carrara marble **table** by Rémi Bouhaniche R20 288, Ligne Roset; Agape Carrara marble wall-hung **basin** R66 388, Lavo Bathroom Concepts; Terry Lustre **bath sheets** R639 each, Yuppiechef.com.

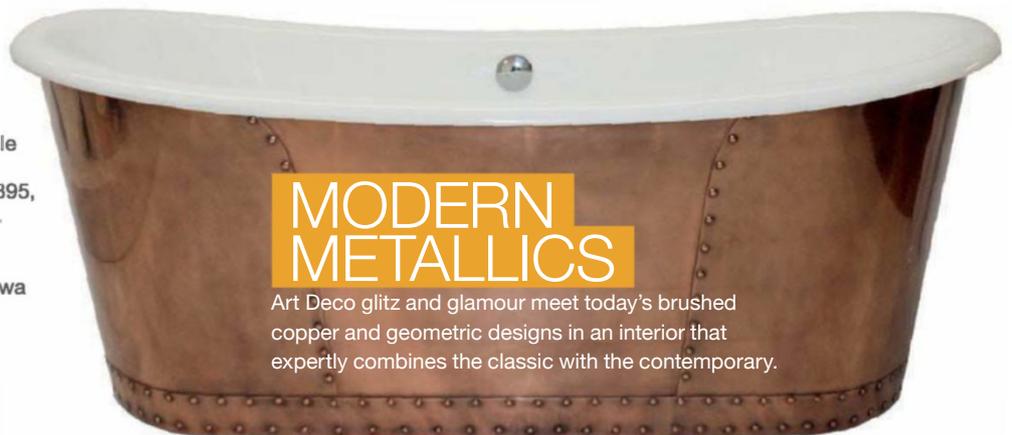


**THIS PAGE, CLOCKWISE
FROM TOP LEFT**

Elements **glass tile** in Glass Reef Bronze R268/sheet (300×300mm), Pure Gold Ripple R12/piece and Platinum R12/piece, all Douglas Jones; brass cylinder **pendant** R895, SHF; **candleholder** circle in Brass R2 950, Mezzanine; Tivoli Roma Elite **basin mixer** R1 890, Italtile; Axor One **thermostat** in Polished Bronze POR, Hansgrohe; Fukasawa tall **basin mixer** in Brushed Copper by Naoto Fukasawa for Fantini R19 523, Lavo Bathroom Concepts; aged brass metal **bath skirt** R36 700, Victorian Bathrooms.

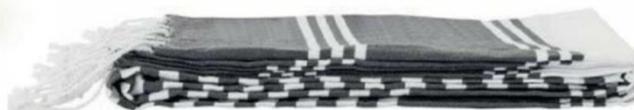
**MODERN
METALLICS**

Art Deco glitz and glamour meet today's brushed copper and geometric designs in an interior that expertly combines the classic with the contemporary.



AU NATUREL

Inspired by the great outdoors, this opulent look is all about raw and rustic materials being used in an indulgent way.



THIS PAGE, CLOCKWISE FROM TOP RIGHT Ribbed ceramic **pot** R2 345, La Grange Interiors; Car Light **vase** by Nathalie Dewez R6 320, Ligne Roset; Billy **laundry basket** R2 400, La Grange Interiors; multistripe fouta **towel** in Dark Grey R255, Weylandts; Mona Liza onyx **slab** R6 840/m², WOMAG; Jewel Totem oak **sidetable** R6 800, Egg Designs; Oxide Raw **slab** in Honed Matt from the Great Metals collection R3 078m² (1.5x3m), Studio Masson; Recer **glazed porcelain tile** in Arizona Grey R285/m², Ferreira's Tile + Bathroom; Iver large **vessel** R899, Country Road; Easy **pendant** in Golden by Ferruccio Laviani R3 205, Kartell.

BLUE BATHROOM IMAGE SUPPLIED BY THE GRAND FERDINAND IN VIENNA, GRANDFERDINAND.COM; WHITE BATHROOM IMAGE SUPPLIED BY PETER'S HOUSE/STUDIO DAVID THULSTRUP BY PETER KRASINLIKOFF, STUDIOADVIDTHULSTRUP.COM; GOLD BATHROOM IMAGE SUPPLIED BY REVOLVE SOCIAL CLUB IN LA BY CONSORT DESIGN, CONSORT-DESIGN.COM; NATURAL BATHROOM IMAGE SUPPLIED BY PARK HYATT IN SEOUL, PARK-HYATT.COM. FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

Made in Germany

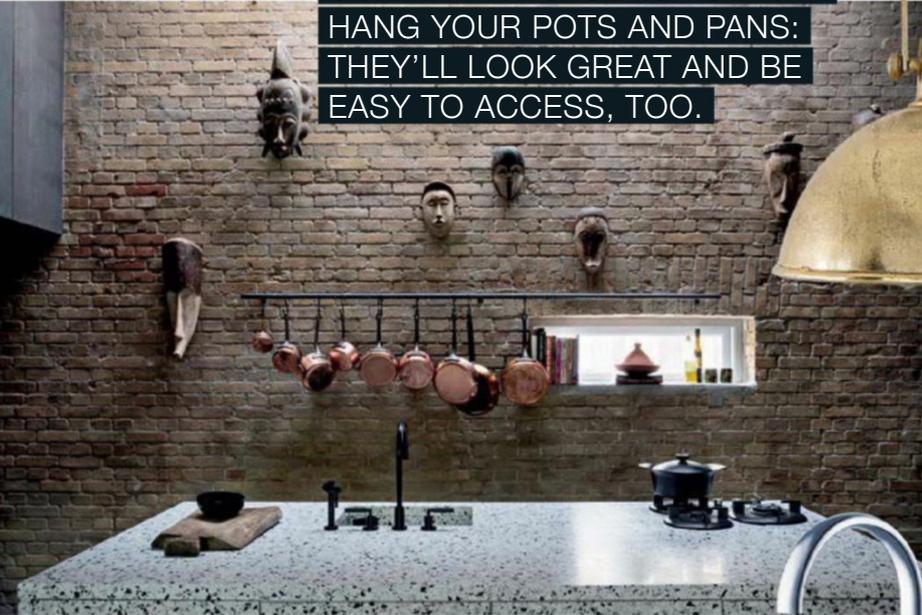
BETTE

REDISCOVER THE BEAUTY OF A PRESSED STEEL ENAMEL BATH

The leading German brand of titanium steel pressed baths is now available in South Africa. Finished with the long lasting enamel surface - **BETTEGLAZE®** these masterpieces will not discolour, scratch or lose their shine over time.



**GOT LIMITED STORAGE SPACE?
HANG YOUR POTS AND PANS:
THEY'LL LOOK GREAT AND BE
EASY TO ACCESS, TOO.**



ALL ABOARD

For a fresh take on the standard wooden chopping board, this rugged version with its leather handle (R399) is functional and stylish. poetrystores.co.za

GILT EDGE

Give your table a golden touch without breaking the bank with the glamorous Eli metal spreader by Country Road (R99). woolworths.co.za



SPACE STATION

The multifunctional Climb bike rack by Jasper Eales Original for Konnect (from R3 850) is a light, shelf, bookend and hook for a coat, bag or hat. blok.co.za/design/konnect



HEAVY METAL

Out with the dainty geometrics of last year, in with light fittings that are serious and strong. Invest in classic designs that have been reworked, like this gold Sandcasted pendant (R2 195). weylandts.co.za



NEW STEEL

Masculine steel gets a feminine update with slimmer shapes and organic curves. Ava bar stool R1 695, blockandchisel.co.za



ON TAP

Clean lines set this Bellini Cruna kitchen sink mixer (R1 920) apart, and as well as being aesthetically pleasing, its minimalist style won't date. womag.co.za



MADE TO SERVE

This slim Herron server (R7 995), with its pillared iron legs, is both a space saver and a welcome helper when hosting. shf.co.za



kitchen

ADD EDGE TO YOUR COOKING ZONE WITH DISTINCTIVE INDUSTRIAL PIECES THAT FEATURE MODERN LINES AND UNEXPECTED FINISHES

COMPILED BY SANRI PIENAAR PHOTOGRAPHS SUPPLIED

KITCHEN IMAGE SUPPLIED BY PETER'S HOUSE/STUDIO DAVID THULSTRUP BY PETER KRASLNIKOFF. STUDIO/DAVIDTHULSTRUP.COM



COLOUR CODE
With its gentle feel and myriad variations, slate is a good choice for any room's colour scheme. For added depth, experiment with different shades including greens and blues as well as greys.

sleep & bath

THE BEST WAY TO RELAX AFTER A HARD DAY'S WORK IS SURROUNDED BY RICH FURNISHINGS AND LUSH DETAILS

COMPILED BY SANRI PIENAAR PHOTOGRAPHS SUPPLIED

LIGHT FANTASTIC

Ambience is everything in a bedroom, and the Brass Bell reading lamp by Patrick Zulauf (R13 283) will provide just that. ligne-roset.com/za



THAT'S A WRAP

Thanks to its light, breathable fabric, this unisex washed linen dressing gown in Light Grey (R599) is perfect for warm nights. hm.com/za



FOR A BED THAT MAKES A STRONG STATEMENT, TRY THE 4 POSTER SPATI QUEEN BED IN EBONY (R11 995). WEYLANDTS.CO.ZA



NATURAL TOUCH

Create contrast and help disguise any dirt with warm and inviting Cerato European oak tongue-and-groove flooring in Mink Grey (R1 756/m²). oggieflooring.com



MAN UP

Gone are the days of frilly base covers and pink florals – the new trend sees sleeping chambers furnished with masculine pieces in unexpected materials. For something multifunctional as well as modern, consider a stool-cum-sidetable like the Betulla in Smoked Oak by Vico Magistretti for De Padova (R40 128). generationdesign.co.za





SHINE BRIGHT

Transform your lounge from wan to wow with the Mogura floor or pendant light (left) by Nendo for De Padova (from R16 302). generationdesign.co.za
Have more of a classic interior? The iron two-tone pendant (right; R2 495) is swish, sophisticated and works well in a small room. weylandts.co.za



RAISE THE BAR

The Gin Table by Blok for Konnect (R2 400) is a compact and elegant alternative to the traditional wood-panelled bar, and its unique, geometric legs place it head and shoulders above the rest. blok.co.za/design/konnect

lounge

FOR A LIVING AREA PACKED WITH PERSONALITY, COMBINE CONTEMPORARY SHAPES WITH WARM HUES AND BURNISHED ELEMENTS

COMPILED BY **SANRI PIENAAR** PHOTOGRAPHS SUPPLIED



GO RETRO

If you like the sleek Scandi aesthetic, look to the Bailey three-seater sofa with leather detail by Says Who (R18 999). za.sofacompany.com



PAINTERLY FEEL

For subtle, touch-me-now texture, this striking Pollock vase (R1 995) is sure to stand out. shf.co.za

SOFTER THAN CHROME
AND BRIGHTER THAN
BRASS, ROSE-GOLD
TONES ADD A HINT OF
LUXURY, ESPECIALLY
WHEN PAIRED WITH
LIGHT LEATHER.

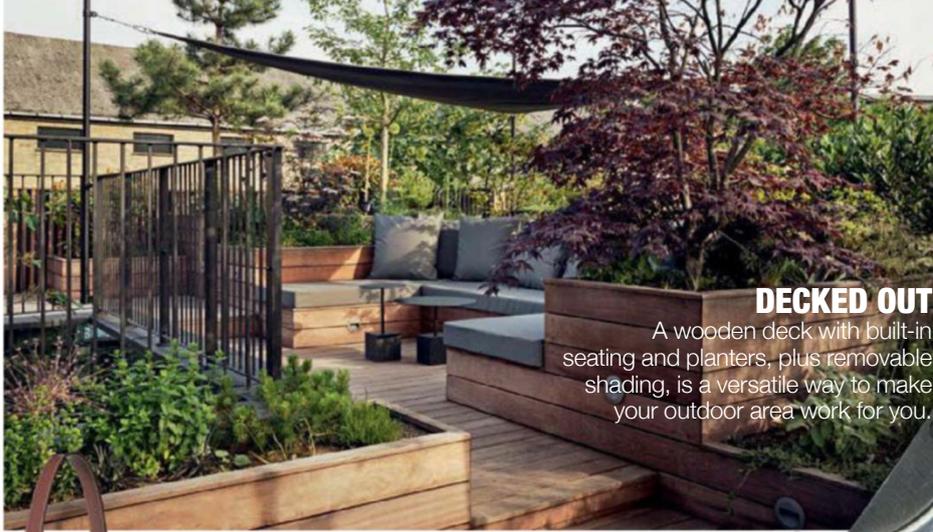
R4 550, BOFRED.CO.ZA



OF THE CLOTH

Inject your space with rich pops of opulent colour via Hertex's Lincoln collection from Studio H. It's made from 86% Turkish wool felt and comes in a wide range of hues, including earthy Marmalade (top) and zesty Lemon (bottom). Both 140cm wide; R1 231/m. hertex.co.za





DECKED OUT

A wooden deck with built-in seating and planters, plus removable shading, is a versatile way to make your outdoor area work for you.



A CUT ABOVE

Invest in the right tools for the job. These Burgon & Ball gardening secateurs (R549) will make pruning a pleasure. yuppiechef.com

LIGHT THE WAY

A portable Firefly light (R13 908) is handy when entertaining alfresco, and adds a hint of old-world charm. generationdesign.co.za



LEAN BACK ON A REFINED LETTINO SUN LOUNGER BY CLAUDIO DONDOLI AND MARCO POCCHI (R19 107). ALWAYS KEEP DURABILITY IN MIND WHEN BUYING OUTDOOR FURNITURE. LIGNE-ROSET.COM/ZA



STYLISH SHADE

It's a chic, dark hue and the perfect size to combat the sun's rays properly, so we've added this 3m square umbrella in Charcoal (R7 995) to our outdoor wish list. weylandts.co.za

outdoor

BREATHE NEW LIFE INTO YOUR PATIO BY CHOOSING LONG-LASTING FURNITURE AND VERSATILE ACCESSORIES FOR A LOOK THAT CAN BE UPDATED WITH EASE

COMPILED BY SANRI PIENAAR PHOTOGRAPHS SUPPLIED

COMFORT ZONE

Create flow from your exterior to your interior with a modern reading nook – ideal for rainy days. To optimise the space for use all year round, play with throws and scatter cushions in different prints, textures and colours, such as these from ferm Living. fermliving.com



GET THE HANG OF IT

A Sombrero hammock (R1 995) in a graphic print gives a relaxed feel to a corner where space is limited. weylandts.co.za



DECK IMAGE SUPPLIED BY PETER'S HOUSE/STUDIO DAVID THULSTRUP
BY PETER KRASLNIKOFF, STUDIO DAVID THULSTRUP.COM



**THE EAMES
PLYWOOD ELEPHANT
BY CHARLES AND
RAY EAMES (R2 723)
IS A TIMELESS PIECE.
CUBEGALLERY.CO.ZA**

kids

PAINTED STEEL MEETS RESILIENT PLYWOOD IN SCANDI-FEEL DECOR AND FURNITURE THAT WILL CONTINUE LOOKING GOOD AS YOUR CHILD GROWS UP

COMPILED BY SANRI PIENAAR PHOTOGRAPHS SUPPLIED



AGEING GRACEFULLY

Contemporary shelving, such as the Round Dorm shelf by ferm Living (R2 981), suits a bedroom regardless of how old your child is. za.foenix.co



A MAGAZINE RACK (R820) WILL GIVE YOUR KIDS A PLACE TO STASH THEIR BOOKS OR TOYS. MEZZANINEINTERIORS.CO.ZA

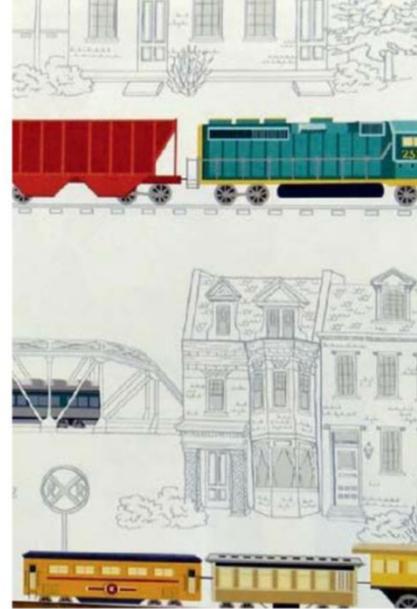
EASY RIDER

Teach your little one the importance of buying with the environment in mind with a hard-wearing birch plywood Toby bike (R2 995). pedersenlennard.co.za



WONDER WALL

Add dimension and interest to a child's space with whimsical York wallpaper in GK9018 Tunnel Vision (R2 313/roll; 52cmx10m). homefabrics.co.za



LEDGE ROOM

If there's one thing you need in children's rooms, it's storage solutions, such as this multitasking shelf unit holding cushions and a lighthouse toy, all from ferm Living. mezzanineinteriors.co.za

BAG IT

It's never too early to discover the joys of shopping, especially with a floral geometric tote (R187 from Country Road) as vibrant as this one. woolworths.co.za



CHILDREN ON SHELF IMAGE SUPPLIED BY FERM LIVING. FERM LIVING.COM. FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

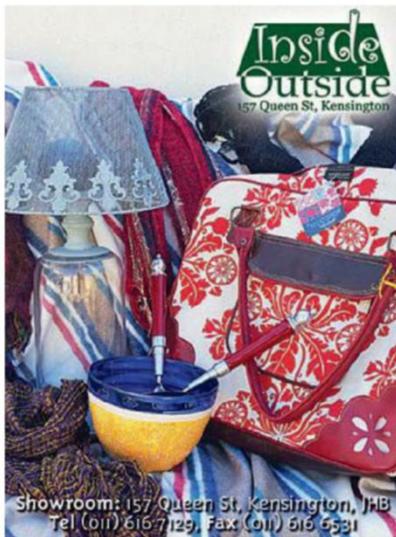


**GENUINELY GOOD LOOKS.
GENUINELY PROVEN STRENGTH.**

From our beautiful new Security Shutter to our traditional retractable security door with its patented Deadlock locking system, every single Trellidor product is custom-made to provide genuine strength and style without compromise.

Visit www.trellidor.co.za to find a showroom near you.

TRELLIDOR
THE ULTIMATE CRIME BARRIER



STOCKISTS

Anatomy Design anatomydesign.co.za
Bathroom Bizarre bathroom.co.za
Black Fabrics blackfabrics.co.za
Block & Chisel blockandchisel.co.za
Bofred bofred.co.za
Casarredo casarredo.co.za
Cassina cassina.com
Classic Stone Designs classicstone.co.za
Cécile & Boyd cecileandboyds.com
Country Road woolworths.co.za
Créma Design cremadesign.co.za
Cube Gallery cubegallery.co.za
Dado Baths dadobaths.co.za
Damn Good Looking damngoodlooking.co.za
Douglas Jones douglasjones.co.za
Edge Interiors edgeinteriors.co.za
Egg Designs eggdsgns.co.za
Exclusive Books exclusivebooks.co.za
ferm Living fermliving.com
Ferreiras Tile + Bathroom ferreiras.co.za
Foenix za.foenix.co
Generation generationdesign.co.za
H&M hm.com/za
Hansgrohe hansgrohe.co.za
Hertex hertex.co.za
Home Fabrics homefabrics.co.za
Italtile italtile.co.za
K Light klight.co.za
Kartell kartell.com
Konnect blok.co.za/design/konnect
La Grange Interiors lagrangeinteriors.co.za
Lavo Bathroom Concepts lavo.co.za
Ligne Roset ligne-roset.com/za
LIM lim.co.za

Linen House linenhouse.co.za
Lisa Firer Design lisafirer.co.za
Ludwig's Roses ludwigsroses.co.za
Mavromac mavromac.co.za
Meekel meekel.co.za
Mezzanine mezzanineinteriors.co.za
Northern Poles northernpole.co.za
Oggie oggieflooring.com
Okha okha.com
Paco pacorugs.co.za
Pebbles for Africa pebblesforafrica.co.za
Pedersen + Lennard pedersenlennard.co.za
Plaster Art plaster-art.co.za
Poetry poetrystores.co.za
Robert Thomson robert-thomson.com
Roche Bobois roche-bobois.com
Romo romo.com
SHF shf.co.za
Sofacompany.com za.sofacompany.com
Spilhaus spilhaus.co.za
St Leger & Viney stleger.co.za
Studio Masson studiomasson.co.za
Tessa Sonik tessasonik.co.za
The Pole Yard poleyard.co.za
Tile Africa tileafrica.co.za
Tonic Design tonicdesign.co.za
True Design truedesign.co.za
Venini venini.com
Victorian Bathrooms victorianbathrooms.co.za
Weylandts weylandts.co.za
WOMAG womag.co.za
Woolworths woolworths.co.za
Yuppiechef.com yuppiechef.com



COMPETITION TERMS AND CONDITIONS

For full competition terms and conditions visit houseandleisure.co.za/terms-conditions/.

While all product information was checked before going to print, *House and Leisure* cannot guarantee that prices will not change or that products will be in stock at the time of publication.

WIN

A BED SET VALUED AT R11 999



Posturepedic
Healthy Sleep. Healthy Life.



5 readers will each win a queen-sized bed set worth R11 999 from Sealy Posturepedic

Anyone who's ever spent a night on a lumpy, sagging or rock-hard bed knows the difference a mattress can make to a good night's sleep. Investing in a quality mattress means better rest and ultimately, a healthier lifestyle. It's for

these reasons that Sealy Posturepedic has dedicated more than 50 years to developing beds of the highest standards. Designed in conjunction with top orthopaedic surgeons, its patented mattresses incorporate advanced sleep systems and layers developed through ongoing research and scientific testing to ensure that the body is protected while you snooze. Premium cushioning guarantees comfort and offers support, and you can choose from different spring, foam and gel options to suit your personal preferences and physical needs. With Sealy Posturepedic, you can bank on waking up feeling deeply rested and free from any aches or pains.

Sealy.co.za; 0800-016-335; 011-309-4000

f Sealy South Africa

HOW TO ENTER

Look for the competition entry form in the Win section at houseandleisure.co.za and ensure that you submit your entry before 31 March 2017. For competition rules, see houseandleisure.co.za/terms-conditions/.

f HouseAndLeisure **t @houseleisureSA**

JOHN JACOB ZWIEGELAAR

INTERIOR DESIGNER.
UNDERCOVER cook.
Environment SHAPER

TEXT **KHOLEKA KUMALO**
PHOTOGRAPH **ELSA YOUNG**

I was brought up on a farm in Elgin. My mom had the most amazing garden and house. She took us on trips to Europe to show me, my brother and sister gardens and architecture, the most memorable of which was the Château de Villandry in France's Loire Valley. **I believe** that your creative conditioning as a child can massively shape your future. My childhood resulted in my passion for what I do now. From 10 years old, I was seriously into cooking and then, at 15, my interest in landscaping grew and I'd spend hours drawing a pool design or obsessing over tree positions in the garden. **One of my favourite gardens is** Hidcote Manor Garden. It's one of the earliest examples of formal garden design in England, and is based around creating rooms with planting and screening so that you are led into different, unique areas. **Fewer ideas and more confident planting** create impact and power. Like anything in life, when you distil an idea, it has more power. When you don't know what to focus on and try to express it all, it has less power and clarity. **My earliest memories of beautiful interior design are** of our house. My mom had talented people help her put it together, so I learnt about simplicity and restraint. Choose one thing – like a painting or sculpture – and make it the hero of the space. Or if you introduce pattern with fabric, give it room to shine. **My design awakening** happened when I was 11 years old. We went to see the fountains at the Palace of Versailles, and the scale and beauty of everything touched me. **In the local interior design world** I think Stephen Falcke, Cécile &

Boyd and Graham Viney are incredible. **I always thought** that I'd work in hotels and restaurants. During my gap year after high school, I attended Ballymaloe Cookery School in Ireland. When I returned to go to the University of Cape Town, I realised that I was passionate about what went into the look and feel of hotels and restaurants as opposed to the actual running of them – I wanted to create them. **My life is all about** making environments for others. I treat all of my projects very differently depending on my clients and the buildings I'm working on. I don't define any single concept as being 'me'. It's simply a passing idea for that project, and then I move on. **I like to wear** clothes that don't wear me.

I find the notion of dressing to stand out and make a statement unnecessary. **My go-to comfort food is** anything clean and simple – Asian soups and most Japanese dishes. **My favourite restaurants** in Cape Town are Villa 47, La Colombe, Saigon and Boschendal. **I always travel with** my camera. I love capturing and documenting new ideas. **If money were no object** I would build the most insane resorts and hotels, bringing together architects, designers and engineers from all over the world to realise some extraordinary concepts. **I am currently listening to** Keith Jarrett. **All I need to make me happy is** the freedom to express myself and the freedom to say no. johnjacobinteriors.com





ARIZONA LOUNGE SUITE 

 **SEDGARS**
HOME

Your Original Home Store

Cradlestone Mall

010 590 8793

East Point - Boksburg

010 595 7607

Menlyn

010 595 7606

Vereeniging

016 422 3804

Woodmead Retail Park

010 594 2833



www.sedgarshome.co.za



BVLGARI

ROMA

B.zero1

DIAMOND WALK. SANDTON CITY. 011 883 1325